Evaluating Health Information on the Internet
Selected Resources and Checklists

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February 27, 2014

MedlinePlusTutorial at
Evaluating Health Websites

The chapter is part of the book *From Single-Click to Pervasive: Evaluating Consumer Health Information on the Internet* created for the NNLM by Jo Ann Sonnenbush.

Content on the Internet is unregulated, anyone can publish anything on the Internet. There is sound medical information on the Internet along with dangerous information. You need to be able to tell the difference.

Ask yourself the following:

- Why did the person create the page?
- What's in it for them?
- Are they trying to sell me something?

Criteria for evaluating information from the web:

Accuracy

- Is the information based on sound medical research? Can the information on the webpage be verified by another source?
- Are the sources cited reliable?
- Are there grammatical and spelling errors?
- Are there footnotes, bibliographies, or references so that you can verify the information? Are those references cited in a journal article in the library?

Authority

- Who published the page? What are the person's credentials? What do you know about them?
- Is the person affiliated with a university? If so, is the person a student or a faculty member?
- Can you readily find contact information on the webpage? Check the About Us section, usually found at the beginning of the end of a webpage. What does the About Us section tell you about the purpose of the organization? Can you find a physical location for the organization? Or is this the only way to contact the organization through a website?
- What is the domain name? .edu, .gov, .org is a personal page or supported by the organization? The title (.) means that this site is a personal page (contains an address like men.howard.edu - a physical location in mechanical engineering department)

Bias/Objectivity

- Is the information showing just one point of view?
- What kind of institution sponsored the webpage? A pharmaceutical company? A non-profit organization?
- Is everything clearly marked?
- Can you tell if the information you are reading is advertising?
Health On the NET (HON) page
http://www.healthonnet.org/HONcode/Conduct.html
Selected CHECKLISTS

✓ NIH Office Dietary Supplements
  http://ods.od.nih.gov/Health_Information/How_To_Evaluate_Health_Information_on_the_Internet_Questions_and_Answers.aspx
  
  Questions and Answers for evaluating health information on the Internet including Key Points

✓ NCCAM Finding and Evaluating Online Resources on Complementary Health Approaches
  http://nccam.nih.gov/health/webresources
  
  Includes sections on key facts, what to keep in mind, finding information on the Internet, how to start, questions to ask when evaluating a health-related site, and key references for more information

✓ Website Evaluation Checklist (Albany College of Pharmacy)
  http://library.acphs.edu/PDFs/Website%20Evaluation%20Checklist.pdf
  
  A yes or no checklist that covers all the points to consider

✓ Consumer Health Web Site Evaluation Checklist (University of Michigan)
  http://www.personal.umich.edu/~pfa/pro/courses/EvalPtEd.pdf
  
  A more detailed checklist for evaluating a consumer health web site
Additional Internet Search Hints
Marcia Zorn, MA, MLS

Our goal: Help you as intermediaries or “knowledge brokers”. This is traditional the role of librarians; but we know that information dissemination is always best done in a community, especially communication for change. So my role is to provide tools to facilitate knowledge transfer to community through you as community health workers.

**Health.gov** is a good source for Population Health. For example, statistical information about the Affordable Care Act and Asian-American population. http://www.hhs.gov/healthcare/facts/factsheets/2012/05/asian-americans05012012a.html

Contents

**Community Resources** ..................................................................................................................................1
**National Network of Libraries of Medicine** ................................................................................................2
**nnlm.gov** ..................................................................................................................................................2
**Bringing Health Information to the Community (BHIC)** .......................................................................3
  - Search BHIC........................................................................................................................................3
  - Subscribe...............................................................................................................................................3
  - Categories ............................................................................................................................................3
**Search Results** ........................................................................................................................................3

**Clinical Research** .....................................................................................................................................4
**Cancer** ..................................................................................................................................................6
**Google** ................................................................................................................................................8
**Heart Health** .........................................................................................................................................8
**Infectious Diseases including Hepatitis B** ..............................................................................................9
**Osteoporosis** ..........................................................................................................................................11
**Diabetes** .................................................................................................................................................12
**Mental Health** .......................................................................................................................................12
**More Multicultural Health Sources, Other Governments Examples** .....................................................13
**Professional Resources** ........................................................................................................................13

Community Resources

**BHIC** (Bringing Health Information to the Community) – great for finding out about community and national resources. A blog by and for community health librarians http://nnlm.gov/bhic/
Bringing Health Information to the Community (BHIC)

This blog focuses on health information issues related to the community, especially underserved communities.

- Search BHIC

Search: [Chinese] GO

- Subscribe

To request subscription to a daily digest, email Monica Rogers.

- Categories
  - Articles
  - Children and Teens
  - Conferences
  - Emergency Preparedness
  - Environmental Health
  - General
  - Health Information Literacy
  - HIV/AIDS
  - Inner City
  - Low Income
  - Mental Health
  - Minority Health Concerns
  - Multilingual
  - National Library of Medicine News
  - Public Health
  - Public Library
  - Regional Information
  - Rural
  - Scholarships and Grants
  - Senior
  - Uncategorized
  - Veterans Resources
  - Websites

Search Results

Chinese Anti-Malaria Poster Online Exhibit Mounted
Monday, August 24th, 2009
Posted in National Library of Medicine News, Websites | No Comments »

Leading Web Resource for HIV/AIDS, TB and Malaria Information Now Available in French, Spanish, Russian, Hindi and Simplified Chinese
Wednesday, June 6th, 2007
Posted in HIV/AIDS, Minority Health Concerns | No Comments »

Cancer Survival Toolbox in English Spanish and Chinese
Tuesday, May 22nd, 2007
Posted in Minority Health Concerns, Websites | No Comments »

End of Life Decision Making Materials in Spanish English and Chinese
Wednesday, July 5th, 2006
Posted in Minority Health Concerns, Websites | No Comments »
Clinical Research

**PubMed Health** – from the NLM National Center for Biotechnology Information (creators of PubMed) is peer reviewed and evidence base information only

National Institutes of Health

NIH health page [http://health.nih.gov/].
HINT: Stick with Federal sites or use your evaluation skills to determine the value of non-government sites!

http://www.cdc.gov/minorityhealth/populations/REMP/asian.html

CDC http://www.cdc.gov/minorityhealth/populations/REMP/asian.html

Cancer

Hint: Search Google for nci site:.gov asian

National Cancer Institute, part of the National Institutes of Health

- Asian and Pacific Islander Web Tool - National Cancer Institute
- Asian and Pacific Islander Cancer Education Materials Web Tool.
- Lifelines™ Cancer Health Disparities - National Cancer Institute
er.gov/cancertopics/disparities/lifelines/cancerhealthdisparities+&cd=3&hl=en&ct=clnk&gl=us

- NCI's gateway for information about cancer health disparities and related ...NCI funds first National Center for Reducing Asian American Cancer Health ...

American Cancer Society
- Asian American Network for Cancer Awareness http://www.cancer.org/apicem/default

World Health Organization
- Tobacco Free Initiative (TFI) http://www.who.int/tobacco/mpower/publications/en/
- Brochure: Warn about the dangers of tobacco (in Chinese) http://www.who.int/tobacco/mpower/publications/zh_tfi_mpower_w.pdf?ua=1

Many good non-government organizations ("NGOs") sites can be found using Google if you use evaluation criteria. It's good, for example, for Google Images and Google Advanced searches.

To limit to government, add `site:.gov`
To limit to University sites by adding `site:.edu`. Example: Asian heart disease site:.edu
To eliminate .gov or .edu, put a – in front. Example: Asian heart disease -:.gov

Heart Health

HINT: Search also for Translations or named groups

American Heart Association Educational Brochures
https://www.heart.org/HEARTORG/Conditions/More/ToolsForYourHeartHealth/Order-
American-Heart-Association-Educaonal-Brochures_UCM_312777_Article.jsp
Graphic http://blog.heart.org/tag/chinese/

Translated Web sites page at
http://www.heart.org/HEARTORG/CPRAndECC/International/TranslatedWebsites/Trans
lated-Websites_UCM_303149_SubHomePage.jsp#

Center for Disease Control and Prevention (CDC) for translated materials
Infectious Diseases (including Hepatitis B)

Centers for Disease Control and Prevention (CDC) – great for infectious diseases, like HepB

Example: CDC - Know Hepatitis B - Campaign Materials - Korean... PSA English
Snapshot of 'Should You Be Tested for Hepatitis B?' card.
www.cdc.gov/knowhepatitisb/Korean.htm

CDC brochures in other languages example:
www.cdc.gov/hepatitis/HBV/PDFs/HepBPerinatal-ProtectWhenPregnant_kor.pdf
Consider also non-government Hepatitis B Foundation
http://www.hepb.org/resources/printable_information.htm#

- Note HON Certificate
- Note date (2014)
- Click Language Chapters
Osteoporosis


Osteoporosis and Asian American Women http://www.niams.nih.gov/Health_Info/Bone/Osteoporosis/Background/asian_american_women.asp & Related Resources at the Right


But consider also osteoporosis asian brochure -.gov

International Osteoporosis Foundation brochures in other languages. Site has HON certificate and dates http://www.iofbonehealth.org/bone-health-brochures
Diabetes

A search for diabetes prevention language materials using -.gov for diabetes materials in other languages that are special interest health education groups

Examples: These lack dates and HON icon, but may be useful???

Diabetes Handouts and Resources Vol.2

Asian American and Pacific Islander

Mental Health

- National Asian American Pacific Islander Mental Health Association (NAAPIMHA) http://naapimha.org/
  - Note the date of most recent posting: NAAPIMHA Partners with NAPA and Active Mind for AAPI Mental Health Awareness Posted on January 28, 2014 by admin.
  - M+ won’t point to this because it asks for donations
  - So check Resource: http://naapimha.org/resources/resource-database/

- NAMI (National Alliance on Mental Health) Depression and Asian Americans and Pacific Islanders example
  http://www.nami.org/Content/NavigationMenu/Mental_Illnesses/Depression/Depression_and_Asian_American_and_Pacific_Islanders.htm

- http://www.nami.org/Template.cfm?Section=Fact_Sheets1&Template=/ContentManagement/ContentDisplay.cfm&ContentID=46805

- American Psychiatry Association
  Mental Health in Asian American and Pacific Islanders

- Alzheimer’s Association example— has HON seal
  http://www.alz.org/professionals_and_researchers_korean_communities.asp
More Multicultural Health Sources, Other Governments Examples

NSW Multicultural Health Communication Service in Australia offers translation guidelines and checklists.

http://www.health.state.mn.us/communityeng/multicultural/translation.pdf has checklists, examples of translations that have gone wrong, lists of qualified translation agencies, and how to find a qualified translator. (See

The Interagency Working Group on Limited English Proficiency offers a clearinghouse of information, tools, and technical assistance for Federal agencies, recipients of Federal funds, and community-based organizations and individuals regarding meaningful language access to Federal and federally assisted programs and activities. (See www.lep.gov).

YouTube of panel presentations for Praeger Handbook of Asian American Health: Taking Notice and Taking Action (2009) illuminates the biological, historical and cultural issues impacting the health of America’s fastest-growing racial group, and offers insights into best practices that those in the healthcare field can apply in their own work.
http://www.youtube.com/watch?v=9x3-EA10Q-I


Professional Resources

Asian American Professional Networks & Associations:
http://www.asianamericangiving.com/aapi-professional-network.html→ Asian

Asian American Suicide Prevention Initiative (AASPI) http://aaspi.blogspot.com/

American Association of Physicians of Indian Origin, e.g.
http://aapiusa.org/resources/nutrition.aspx

White House Initiative; White House Office of Public Engagement and White House Initiative on Asian Americans and Pacific Islanders (WHIAAPI)
http://www.whitehouse.gov/aapi
http://www.whitehouse.gov/sites/default/files/aapi_federal_agencies.pdf
Asian-American Health Initiative Resource Library
http://aahiinfo.org/resources/resource-library/

Maryland Asian American Health Studies, University of Maryland School of Public Health
http://www.sph.umd.edu/epib/faculty/slee/MAAHS/
http://www.sph.umd.edu/epib/faculty/slee/MAAHS/Projects2.html

Johns Hopkins Asian American Cancer program
http://www.jhsph.edu/research/centers-and-institutes/asian-american-cancer-program/

Evaluating Online Health Content

Marcia Zorn & Andrew Plumer
National Library of Medicine
2/27/2014
MedlinePlus Tutorial for Consumers

Evaluating Internet Health Information
Evaluating Online Health Content

Evaluating Health Information

Millions of consumers get health information from magazines, TV or the Internet. Some of the information is reliable and up to date, some is not. How can you tell the good from the bad?

First, consider the source. If you use the Web, look for an “about us” page. Check to see who runs the site: Is it a branch of the government, a university, a health organization, a hospital or a business? Focus on quality. Does the site have an editorial board? Is the information reviewed before it is posted? Be skeptical. Things that sound too good to be true often are. You want current, unbiased information based on research.

NIH: National Library of Medicine

Start Here
- Evaluating Internet Health Information. A Tutorial from the National Library of Medicine NIH (National Library of Medicine)
- Health Information on the Web: Finding Reliable Information (American Academy of Family Physicians)
- Also available in Spanish
Evaluating Online Health Content

- Who is responsible for the site?
Evaluating Online Health Content

- Who is responsible for the site?
- Who is the authority? Is the authority biased?
ISMM officers & Executive committee 2010 – 2014

President

Buddha Basnyat 2016

Treasurer

Bruno Durrer 2014

Vice Presidents

David Hillebrandt 2014

Susi Kriemler 2014

Kozo Matsubayashi 2014

George Rodway 2014

Erik Swenson 2014
PCRM

HEALTH and NUTRITION

HEALTH and NUTRITION

PCRM Food Fighters Challenge Harlem Wizards
Play in the Oct. 13 celebrity basketball game>

ETHICAL RESEARCH and EDUCATION

ETHICAL RESEARCH and EDUCATION

VICTORY!
Albert Einstein Medical Center Stops Using Kittens for Pediatrics Training>

HELPFUL RESOURCES

HELPFUL RESOURCES

Help End Chimp Experiments
LVA Cat Experiments
Medical Education Victories
Harvard Lab Kills Primates
End Cosmetics Animal Testing

TAKE ACTION

TAKE ACTION

Help us win our latest RESEARCH and NUTRITION campaigns.

DR. BARNARD'S BLOG

DR. BARNARD'S BLOG
Example of Bias

Quotes from a literature search of Neal D Bernard (President, PCRM):

“Animal research is wasteful and misleading.”

“The medical costs attributable to meat consumption.”

“Effectiveness of a low-fat vegetarian diet in altering serum lipids in healthy premenopausal women.”

“The lipid-lowering effect of lean meat diets falls far short of that of vegetarian diets.”
Evaluating Online Health Content

• Who is responsible for the site?
• Who is the authority? Is the authority biased?
• Is the site informational or commercial?
Your First Day Breastfeeding

Parents often hear the current wisdom about “bonding,” which says the first feeding should happen within an hour.
Parenting media and merchandising company...
A diverse line of related branded products...
Evaluating Online Health Content

• Who is responsible for the site?
• Who is the authority? Is the authority biased?
• Is the site informational or commercial?
• Is the information up-to-date?
## Women

### Approximate Blood Alcohol Percentage

<table>
<thead>
<tr>
<th>Drinks</th>
<th>Body Weight in Pounds</th>
<th>Only Safe Driving Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>90  100  120  140  160</td>
<td>.00 .00 .00 .00 .00</td>
</tr>
<tr>
<td>1</td>
<td></td>
<td>Impairment Begins</td>
</tr>
<tr>
<td>2</td>
<td>.05 .09 .08 .07 .06</td>
<td>Driving Skills Affected</td>
</tr>
<tr>
<td>3</td>
<td>.10 .14 .11 .10 .09</td>
<td>Possible Criminal Penalties</td>
</tr>
<tr>
<td>4</td>
<td>.15 .18 .15 .13 .11</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>.20 .23 .19 .16 .14</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>.25 .27 .23 .19 .17</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>.30 .32 .27 .23 .20</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>.35 .36 .30 .26 .23</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>.40 .41 .34 .29 .26</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>.51 .45 .38 .32 .28</td>
<td></td>
</tr>
</tbody>
</table>

Your body can get rid of one drink per hour. One drink is 1.25 oz. of 80 proof liquor, 12 oz. of beer, or 5 oz. of table wine.

Data supplied by the Pennsylvania Liquor Control Board.
Evaluating Online Health Content

• Who is responsible for the site?
• Who is the authority? Is the authority biased?
• Is the site informational or commercial?
• Is the information up-to-date?
• Are there access restrictions?
Access Restrictions

- Pop-ups
- Site registration
- Web 2.0 applications

Sites should be accessible to all!
YourSurgery.Com® provides easy to understand information for common and specific surgical procedures. YourSurgery.Com® organizes the information so that you and your family can understand each procedure and help you ask your physician questions. Below is a list of the topics that will be explained for each procedure:

Surgeons and Hospitals may subscribe to YourSurgery Com's Educational Texts fully illustrated as seen on this website for distribution to their patients. Each text is inscribed with the name and address of the surgeon and/or hospital.

For Our Viewers

YourSurgery.Com invites you to become a registered member. Benefits of membership include the most comprehensive information on surgical procedures for only $5 per visit or $100 for a year long membership. To choose the program that works for you, pick any procedure and select your choice on that page.
Sites that Link to Web 2.0 Applications

5 Ideas for Better Sleep

Most teens need about 8½ to more than 9 hours of sleep each night. But about 1 in 4 teens has trouble sleeping. Lack of sleep can affect everything from our emotions to how well we focus on tasks like driving. It can affect sports performance, increase our chances of getting sick, and may be linked to weight gain in some people.

How can we get the sleep we need? Here are some ideas:

1. Be active during the day. You've probably noticed how much running around little kids do — and how soundly they sleep. Take a tip from a toddler and get at least 60 minutes of exercise a day. Physical activity can decrease stress and help people feel more relaxed. Just don't work out too close to bedtime because exercise can wake you up before it slows you down.

2. Avoid alcohol and drugs. Lots of people think that alcohol or drugs will make them relaxed and drowsy, but that's not the
Sites that Have Their Own Web 2.0 Applications

MESSAGE BOARD

Have a question about sexual health or sexually transmitted infections? Want to talk and connect with others who may be managing an STI like herpes or HPV? Then stop by ASHA's STI online support community. Brought to you in partnership with Inspire, this community you will join thousands of patients and caregivers in sharing personal experiences in a safe, secure environment.

We hope you will feel empowered to ask questions, share stories and, most importantly, feel reassured that you are not alone.

It's easy to join--just visit the ASHA Inspire site and join today.

An archived version of ASHA’s inactive forums is available here.
Evaluating Online Health Content

• Who is responsible for the site?
• Who is the authority? Is the authority biased?
• Is the information up-to-date?
• Is the site informational or commercial?
• Are there access restriction? How accessible is it?
• Is the site appealing? Usable?
Selected Sources for Asian Language Health Brochures
Marcia Zorn, MA, MLS
February 27, 2014
Consumer Health Information in Many Languages Resources

A collaboration of the NNLM Consumer Outreach Librarians

Search the websites on this page using the Customized Search Engine. This will not search the dictionaries.

Search

Topics on this page:

- Resources with Items in Multiple Languages
- Resources for Specific Languages
  - American Sign Language
  - Arabic
  - Cambodian/Hmong
  - Chinese
  - Danish
  - Dutch
  - Finnish
  - French
  - German
  - Greek
  - Hebrew
  - Italian
  - Japanese
  - Portuguese
  - Spanish
  - Thai
  - Vietnamese

Resources with Items in Multiple Languages

Cancer Index

Cancer Resources: Dutch, Finnish, French, German, Greek, Italian, Japanese, Portuguese, Spanish and Others.

EthnoMed
http://ethnomed.org
S*P*I*R*A*L (Selected Patient Information in Asian Languages)

http://spiral.tufts.edu/
Health Information Translations provides education resources in multiple languages for health care professionals and others to use in their communities. Resources are easy to read and culturally appropriate.
**Search Results** — 41 Items Matching Your Search Terms

Pills to Prevent TB - Korean/English
A 6 page brochure with Korean/English text about medications for TB.

Nurse-to-Patient Communication - Korean
PDF document, 3 pages, including Korean language and English. Developed with nurses and interpreters to aid caregivers in communicating basic information to ...

The Center for Weight and Health
The Center for Weight and Health based at University of California Berkeley, along with other collaborators, have produced some culturally sensitive and ...

This is What a Heart Attack Feels like to a Woman - Korean
A 1 page poster with pictures and simple text about the signs and symptoms of heart attack in women. Korean text version.

Stool Sample Collection - Korean/English
Instructions for collecting a stool sample. Includes a note explaining that there are many different kinds of medical tests requiring different kinds of ...

Seattle-King County Disaster preparedness fact sheets and flyers
Key fact sheets with tips to help you prepare for and manage a disaster such as floods, power outages, hypothermia, and more. Languages: Chinese, English, ...

Carbon Monoxide Poisoning
An alert about the dangers of carbon monoxide poisoning, particularly during power outages, including link to information about disaster preparedness in ...

Selected Patient Information Resources in Asian Languages (SPIRAL)
A compilation of health materials available in Cambodian, Chinese, Hmong, Korean, Lao, Thai, Vietnamese languages. A joint initiative between Tufts ...

Ethnomed
http://ethnomed.org/search?SearchableText=korean
Health educational materials are written in English and Traditional Chinese, unless otherwise indicated.

Charles B. Wang Community Health Center (NY)
Chinese American Brochures

http://www.cbwchc.org/project/brochures/brochures.asp
General Health Resources

This list contains links to major Health-related federal agencies and starting points for health information.

Agency for Healthcare Research and Quality
http://www.ahrq.gov

AHRQ supports research on health care systems, health care costs and use, access to health care, and effectiveness of medical treatments. It provides evidence-based information on health care outcomes and quality care.

Centers for Disease Control and Prevention
http://www.cdc.gov

Working with states and other agencies, CDC provides a variety of disease surveillance and control services to improve the health of our nation. CDC monitors national health indicators, reviews safety, and enhances health services in prevention. CDC also monitors the emergence of international disease transmission, with resources tailored to specific disease control. The CDC site includes guidelines on health care and disease prevention, which are important resources for readers interested in health and wellness, particularly in the U.S. If you are interested in a specific health-related topic, we encourage you to explore the resources available on the CDC site.

Bicycle.org - Health and Safety
http://www.bicycle.org/health

A portal to critical information and services from the U.S. government that provides a gateway to the following:
- First, nutrition and health
- Health by physical activity
- Health information
- Health news, articles, and polls

OCLC Web Junction
http://www.webjunction.org/documents/arizona/General_Health_Resources.html
About RHIN

- National collaborative partnership
- database of quality multilingual, public health resources
- Features:
  - Health education materials
  - Provider tools
Background

- Needed resource
- Molded by stakeholders
- Prototyped
- Continual improvements
Asian languages in RHIN

• Burmese
• Cambodian
• Cantonese
• Chin,
• Chin, Hakha
• Chinese
• Chinese Simplified
• Hmong
• Ilokano
• Indonesian (Malay)
• Japanese
• Karen

• Karen (S’ghaw)
• Khmer
• Korean
• Lao
• Laotian
• Mandarin
• Marshallese
• Samoan
• Tagalog
• Thai
• Tibetan (Bhotia)
• Vietnamese
South Asian languages in RHIN

- Bengali
- Dzongkha (Bhutanese)
- Gujarati
- Hindi
- Malayalam
- Marathi
- Nepali
- Pashto
- Punjabi
- Tamil (Malabar)
- Urdu
- Uzbek
Searching RHIN
# Search Results for 'Diabetes'

12 result(s) found: **Search Criteria: All Text: Diabetes Language(s): Vietnamese**  
Modify Your Search

<table>
<thead>
<tr>
<th></th>
<th>Title</th>
<th>Format</th>
<th>Language(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Diabetes Handout</td>
<td>Document</td>
<td>English; Arabic; Bosnian; Chinese; Farsi; French; German; Greek; Gujarati; Haitian Creole (Kreyol); Hebrew; Hindi; Hmong; Ibo; Japanese; Khmer; Korean; Kurdish; Polish; Portuguese; Romanian; Russian; Somali; Spanish; Swahili; Thai; Turkish; Urdu; Vietnamese; Yoruba</td>
</tr>
<tr>
<td>2</td>
<td>Diabetes Info Sheet</td>
<td>Document</td>
<td>English; Chinese; Haitian Creole (Kreyol); Spanish; Vietnamese</td>
</tr>
<tr>
<td>3</td>
<td>Diabetes Meal Plan Basics</td>
<td>Document</td>
<td>English; Vietnamese</td>
</tr>
<tr>
<td>4</td>
<td>Diabetes: Are You at Risk?</td>
<td>Document</td>
<td>English; Haitian Creole (Kreyol); Khmer; Mandarin; Portuguese; Spanish; Vietnamese</td>
</tr>
<tr>
<td>5</td>
<td>Exercise and Diabetes</td>
<td>Document</td>
<td>English; Vietnamese</td>
</tr>
<tr>
<td>6</td>
<td>Healthy Living Toolkit-Nutrition Related Diseases: What is Diabetes?</td>
<td>Document</td>
<td>English; Amharic; Arabic; Bosnian; Burmese; Farsi; French; Haitian Creole (Kreyol); Hmong; Karen; Kriundi; Russian; Somali; Spanish; Swahili; Vietnamese</td>
</tr>
<tr>
<td>7</td>
<td>Heart Disease Info Sheet</td>
<td>Document</td>
<td>English; Chinese; Haitian Creole (Kreyol); Spanish; Vietnamese</td>
</tr>
<tr>
<td>8</td>
<td>Know Your Blood Sugar Numbers</td>
<td>Document</td>
<td>English; Khmer; Mandarin; Portuguese; Spanish; Vietnamese</td>
</tr>
<tr>
<td>9</td>
<td>Portions to Eat to Control Your Diabetes</td>
<td>Document</td>
<td>English; Vietnamese</td>
</tr>
<tr>
<td>10</td>
<td>Preventing Diabetes</td>
<td>Video</td>
<td>English; Hmong; Khmer; Lao; Somali; Spanish; Vietnamese</td>
</tr>
</tbody>
</table>
Search example, Diabetes

Diabetes: Are You at Risk?

**Requested Language(s)**

- Vietnamese

**Available Language(s)**

- English
  - English
  - English
  - English
  - English

**Document Properties**

**Abstract:** This six-panel brochure educates the general public about diabetes. It includes what diabetes is, the two types of diabetes, the risks associated with developing it, its symptoms, screening information and what it means, and important points to remember.

**Document Category:** Health Education for Patient

**Author of the Document:** Mass DPH, Mass Health Promotion Clearinghouse

**Keywords:** Diabetes, Risk, Symptoms, Patient education, Insulin, Risk factors, Blood glucose, Blindness, Diabetic nephropathies, Heart diseases, Diabetic foot, Diabetes mellitus, Type II, Type I

**Development Method:** Translation from English text

**With Medical Review:** (This resource has been reviewed by a medical professional for quality and accuracy. Yes)

**Copyrighted:** In the Public Domain
Search example, Diabetes, cont.

<table>
<thead>
<tr>
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Split screen option
Search example, Diabetes, cont.

![Search results for Diabetes: Are You at Risk?](image)

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Search example, Diabetes, cont.
Advanced search

Find Resources

Title/Keyword/Abstract: 

Search All Text: 

Language: n/a
Abkhaz
Acehnese
Achuar-Shiwiar
Afrikaans
Aguaruna
Aja

Format: n/a
Audio
Document
Video

Category: n/a
Clinic Tool
Curriculum
Emergency/Disaster preparedness and response
Health Education for community
Health Education for patient
Mental Health

Author:

Organization recommending document:

English Document - Needs Translation: 

Search
Advanced search example

Search Results for 'nutrition'

7 result(s) found: Search Criteria: Title/Keyword/Abstract: nutrition; Language(s): Korean; Categories: Health Education for patient

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<tr>
<td>2. Better Health Bringing You</td>
<td>Document</td>
<td>English, Amharic, Arabic, Bengali, Bosnian, Chinese, Farsi, French, German, Greek, Gujarati, Haitian Creole (Kreyol), Hebrew, Hindi, Hmong, Igbo, Japanese, Khmer, Korean, Kurdish, Lao, Oromo, Polish, Portuguese, Romanian, Russian, Somali, Spanish, Swahili, Thai, Tigrinya, Turkish, Ukrainian, Urdu, Vietnamese, Yoruba</td>
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<tr>
<td>3. Better Health for Mother and Baby</td>
<td>Document</td>
<td>English, Amharic, Arabic, Bengali, Bosnian, Chinese, Farsi, French, German, Greek, Gujarati, Haitian Creole (Kreyol), Hebrew, Hindi, Hmong, Igbo, Japanese, Khmer, Korean, Kurdish, Lao, Oromo, Polish, Portuguese, Romanian, Russian, Somali, Spanish, Swahili, Thai, Tigrinya, Turkish, Ukrainian, Urdu, Vietnamese, Yoruba</td>
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<td>4. Better Nutrition for Mature Adults</td>
<td>Document</td>
<td>English, Amharic, Arabic, Bengali, Bosnian, Chinese, Farsi, French, German, Greek, Gujarati, Haitian Creole (Kreyol), Hebrew, Hindi, Hmong, Igbo, Japanese, Khmer, Korean, Kurdish, Lao, Oromo, Polish, Portuguese, Romanian, Russian, Somali, Spanish, Swahili, Thai, Tigrinya, Turkish, Ukrainian, Urdu, Vietnamese, Yoruba</td>
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<tr>
<td>5. Diabetes Handout</td>
<td>Document</td>
<td>English, Arabic, Bosnian, Chinese, Farsi, French, German, Greek, Gujarati, Haitian Creole (Kreyol), Hebrew, Hindi, Hmong, Igbo, Japanese, Khmer, Korean, Kurdish, Lao, Oromo, Polish, Portuguese, Romanian, Russian, Somali, Spanish, Swahili, Thai, Tigrinya, Turkish, Ukrainian, Urdu, Vietnamese, Yoruba</td>
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<td>6. Good Food for Kids</td>
<td>Document</td>
<td>English, Amharic, Arabic, Bengali, Bosnian, Chinese, Farsi, French, German, Greek, Gujarati, Haitian Creole (Kreyol), Hebrew, Hindi, Hmong, Igbo, Japanese, Khmer, Korean, Kurdish, Lao, Oromo, Polish, Portuguese, Romanian, Russian, Somali, Spanish, Swahili, Thai, Tigrinya, Turkish, Ukrainian, Urdu, Vietnamese, Yoruba</td>
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<tr>
<td>7. The Food Pyramid</td>
<td>Document</td>
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Materials “share” features
Other tools

- “About RHIN” that describes the partnerships
- Search “Help”
- Text, images, and descriptions to help you link to RHIN from your website
- “Contact Us” link
Thank you!

- Andrew Plumer
  Outreach Librarian
  Outreach and Special Populations branch
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plumera@mail.nih.gov