

**Montgomery County – DHHS
Asian American Health Initiative (AAHI) Steering Committee Meeting
September 12, 2017**

Steering Committee	Present	AAHI Staff	Present
<i>Organizational Members</i>			
Ji-Young Cho		Sobia Ahmad	
Wilbur Friedman	X	Jennifer Chuong	X
Michael Lin		Perry Chan	X
Mayur Mody	X	Betty Lam	X
Sam Mukherjee	X	Karlie Leung	X
Nguyen Nguyen (Vice Chair)	X	Sanjana Quasem	X
Thomas Tran		Alice Zic	
Sovan Tun			
Edward Wan	X		
<i>Individual Members</i>			
	Present	Guests	Present
Nerita Estampador		Jeff Goldman	X
Meng K. Lee (Chair)	X	Orlando Wright	X
Sunmin Lee	X		
Cynthia Macri	X		
Hina Mehta	X		
Tho Tran	X		
Judy Wang	X		
<i>Affiliate Members</i>			
	Present		
Anis Ahmed			

Welcome (Meng K. Lee, Chair)

- Meng K. Lee called the meeting to order at 6:06 PM.
- Meng introduced a new Steering Committee (SC) member, Hina Mehta.
- Meng stated that the meeting will be recorded. There were no objections.

Approval of Agenda and Minutes (Meng K. Lee)

- A motion to approve the agenda and minutes was presented. Mayur Mody moved to approve the agenda and minutes. Wilbur Friedman seconded the motion.
- Cynthia Macri requested to speak about Chronic Disease Management before the Nexus Montgomery presentation.
- Meeting minutes of the July 11, 2017 SC meeting were shared with SC members prior to the meeting.
- Meng called for a voice vote to approve the agenda and minutes. The agenda and minutes were approved by voice vote. There were no objections.

ACTION: Meeting agenda approved with one change. Meeting minutes approved with no objections.

AAHI Program Updates (Perry Chan, Program Manager)

- Perry Chan shared the following handouts with the SC:
 - Guru Nanak Foundation of America (GNFA) Health Fair
 - Chinese Culture and Community Service Center (CCACC) Mental Health 360: Hear Me Out
 - Guru Gobind Singh Foundation (GGSF) Health Fair
 - American Diversity Group Health and Wellness Fair
 - American Indians for Community Service (AICS) Diabetes Self-Management Workshop
- Perry shared AAHI program updates:
 - Five well-attended Friends' Corners took place at the White Oak and Schweinhaut Senior Centers since the last SC meeting. Schweinhaut is a new partner for AAHI. Participants have provided positive feedback and appreciate having materials available in multiple languages. There are 15 more sessions scheduled before the end of December.
 - AAHI has nine upcoming outreach events.
 - Dr. Travis Gayles, Montgomery County's new Public Health Officer, will begin on September 19, 2017. He was previously the Chief Medical Officer at the DC Department of Health for HIV/AIDS, Hepatitis, STD, and Tuberculosis programs.
 - At the last meeting, AAHI was in the final stage of completing language translations for Photonovel 3. There were unexpected technical problems with fonts, which caused a delay. As of now, almost all of the problems have been fixed. English, Chinese, Korean, and Hindi are finalized, and Vietnamese will be reviewed one more time before printing. Perry expects to have hard copies to share at the next meeting. Sam Mukherjee suggested adding Cambodian as one of the available translations because this population has a high need. Perry said the suggestion will be considered.
 - AAHI created a Mental Health Toolkit to support community partners with outreach and workshops. AAHI is also in the process of developing toolkits about wellness and depression. A PowerPoint presentation is included in the toolkit to provide a large quantity of information, which community partners can tailor to their audience. Perry requested that SC members review the toolkit and provide feedback. He expects it will take no more than 3 hours to review. Cynthia, Nguyen Nguyen, Hina, Sunmin Lee, and Meng would like to help with the review process. Sunmin inquired if the toolkit is being translated. Perry responded that it is currently only in English, but they are considering translations.

ACTION ITEM: Perry will email soft copies of the Mental Health Toolkit to Cynthia, Nguyen, Hina, Sunmin, and Meng by September 15, 2017. They will reply with feedback as soon as possible, within one to two weeks.

- Perry introduced Jennifer Chuong, AAHI's new Outreach Coordinator.

Sustained Engagement for Chronic Disease Management (Cynthia Macri)

- Cynthia would like the SC and AAHI to brainstorm ways to provide opportunities for sustained engagement with patients. There are ongoing diabetes self-management workshops which follows the Stanford University model. Classes are free and are open to 12-20 participants who commit to attending class for two to two and a half hours weekly for six weeks.
- Cynthia expressed that in addition to being culturally sensitive and providing care in a patient's language, it is also important to educate patients on American customs so that they are able to advocate for themselves.
- Cynthia is able to train others to teach the course. Those who attend her trainings will then be able to implement the course in other languages they speak. Courses are offered in 300 languages.
- Wilbur asked about strategies to ensure commitment from people who are receiving services for free. Cynthia recommended incentivizing attendance. A current example being used is to provide participants with food from Manna Food Center to take home.
- Edward Wan asked if the CCACC session was translated. Cynthia said it was not because everyone spoke English.
- Sam teaches some sessions with Cynthia and agrees that the sessions are impactful. Edward noted that the sessions can also be helpful for adults in homecare.
- Sam said an email was already sent out to SC with information about these sessions, but there were no responses. He hopes there will be more interest after this presentation.

Presentation on Nexus Montgomery (Jeff Goldman, VP of Population Health & Director of Nexus Montgomery, Primary Care Coalition (PCC) of Montgomery County)

- Jeff Goldman presented on Nexus Montgomery. Orlando Wright, who is PCC's Behavioral Health Integration Manager, was also in attendance.

ACTION ITEM: Jeff will have Nexus Montgomery staff follow up with AAHI about ways that they can support. Orlando will send flyers to Perry regarding NM's programming.

Updates from Boards, Committee, and Commission (BCC)

- **Healthy Montgomery (Nguyen Nguyen)**

- Meng reported that there was a meeting on September 11, 2017. There are no current issues that require AAHI's attention. However, the following items may be of interest to members:
 - DHHS is in process of converting Healthy Montgomery into a charter organization. Nguyen said a document was sent out today and feedback is requested by September 15, 2017.

ACTION ITEM: Nguyen will share Health Montgomery charter documents with SC.

- Edward asked if Healthy Montgomery is a county program. Meng and Nguyen explained that Healthy Montgomery is a coalition and is in discussion to see if it can be converted into a county program.
 - Sam inquired as to how the Latino Health Initiative (LHI) and the African American Health Program (AAHP) have responded to the potential conversion and if this would impact the three initiatives. Betty added that this does not affect the three initiatives because Healthy Montgomery is not a program. With a new administration, there might be a revival of conversation about the need for additional initiatives or further coordination between groups. However, this would likely be a separate idea, not related to Healthy Montgomery.
- **County Executive's Asian American Advisory Committee (Sam Mukherjee and Sovan Tun)**
 - There was no business to report.
 - **Governor's Commission on Asian American Affairs (Sovan Tun and Edward Wan)**
 - Edward and Mayur reported that September 11-October 10, 2017 is designated as a time for Asian Americans to volunteer as part of the Day to Serve initiative. There are many events to support involvement during this time, including health fairs.
 - **Governor's Commission on South Asian American Affairs (Mayur Mody)**
 - Mayur also discussed the Day to Serve initiative, as described by the Governor's Commission on Asian American Affairs. Several states are looking to maximize volunteer hours during this time. If interested, visit the Day to Serve website for more information.
 - Tho said she will share information about an upcoming outreach event where people can volunteer.

ACTION ITEM: Tho will send out information about the outreach event.

- **Leadership Institute for Equity and the Elimination of Disparities (Meng K. Lee)**
 - There was no business to report.

Other Business

- Meng shared that there will not be a guest speaker in the next meeting. Instead, there will be time to discuss presentations that were held during the past several meetings. Nguyen added that it is important to have meeting time to discuss action steps and how to integrate them into AAHI's work.
- Edward inquired about the date of the retreat. Perry shared that retreat is scheduled for October 21, 2017.
- Mayur inquired about how action steps from last retreat have been implemented. Perry said these action steps can be discussed at the upcoming retreat. This retreat will have the same facilitator as the last one.

Adjourn (Meng K. Lee)

- Meng adjourned the meeting at 8:07 PM.

ACTION: Meeting adjourned at 8:07 PM.

Retreat: Saturday, October 21, 2017