Montgomery County – DHHS
Asian American Health Initiative (AAHI) Steering Committee Meeting
October 8, 2013

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<tr>
<th>Steering Committee</th>
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<tr>
<td>Sam Mukherjee (Chair)</td>
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<td>Meng K Lee</td>
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<td>Anis Ahmed</td>
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<td>Sunmin Lee</td>
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<td>Ji-Young Cho</td>
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<td>Michael Lin</td>
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<td>Nerita Estampador</td>
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<td>Mayur Mody</td>
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<td>Wilbur Friedman</td>
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<td>Nguyen Nguyen</td>
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<td>Yan Gu</td>
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<td>Wendy Shiau</td>
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<td>Harry Kwon</td>
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<td>Sovan Tun</td>
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<td>Lester (Jao) Lacorte</td>
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<td>Chyang-Chong Fang (for Stan Tsai)</td>
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<td>Ashraf Sufi</td>
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<th>Staff</th>
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<tr>
<td>Perry Chan</td>
<td>X</td>
<td>Isha Weerasinghe</td>
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<td>Sierra Jue-Leong</td>
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<td>Betty Lam</td>
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<td>Tae Hyun Kim</td>
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<td>Shannon Lee</td>
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<td>Jasmine Vinh</td>
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Welcome

- Sam Mukherjee called the meeting to order at 6:18 PM.

Approval of Agenda

- Agenda approved.

Approval of June 18, 2013 Minutes

- Sam inquires about the finish date of the ABCS Heart Health Project.
- Perry Chan notes that the program will finish at the end of October. Sam requests adding the change to the minutes.
- Wilbur Friedman moves to approve the minutes.
- Mayur Mody seconds.

AAHI Program Updates

Introduction of New Staff
• Perry introduces Shannon Lee as the new Office Services Coordinator at AAHI. She started on Monday, and her duties include supporting AAHI staff administratively and coordinating day-to-day functions of the office.
• Perry also introduces Tae Kim to the Committee as the Program Coordinator of AAHI. He will be responsible for health education and communication of AAHI work.

Program Manager Updates

• Perry reports AAHI’s outreach numbers for FY14 as of October 8, 2013.
  o 9 outreach events
  o 396 people assisted
  o 1,079 literature distributed
  o 55 breast self-exam demonstrations
  o 743 educational encounters
  o 137 screenings and vaccinations
  o 71 referrals to health and human services in the County
• Perry shares that AAHI is very proactive in the Affordable Care Act (ACA) outreach. People are very excited to learn more about the ACA and despite having limited resources, AAHI is trying their best to fulfill all requests and cover as many events as possible.
  o 122 people educated on ACA
  o 144 ACA handouts distributed

Past and Upcoming Health Events

• All upcoming events can be found on the back of the agenda.
• Perry and Sam request members to review upcoming events and encourage participation from all Committee members.

Hepatitis B

• Perry reports that AAHI was given $40,000 to support the Hepatitis B prevention projects.
• Perry shares that AAHI will be working with STOP B, SMASH B, and ACT B to target Chinese, Korean, and Vietnamese communities and welcome others to join us.
• Perry mentions that STOP B is joining AAHI at events to help recruit diverse community members for Hepatitis B screening.
• Perry notes that SMASH B and ACT B events will take place in the spring of 2014.
  o Perry adds that he will keep Committee members posted as details are clearer.
Affordable Care Act Outreach

- Perry distributes two flyers the department created for ACA outreach with general information.
  - Perry thanks those who helped review the translation of these flyers.
  - Perry notes that he will send the flyers to Committee members as soon as they are posted on the website so they may help disseminate information to the community.
- Sam inquires if any Committee members are involved in organizations that are organizing ACA education and enrollment.
  - Chyang-Chang Fong adds that CCACC is holding a lecture on November 3, 2013 presented by a certified navigator.
- Perry clarifies that AAHI’s roles are more in the outreach perspective, which are to increase awareness of ACA and promote enrollment.
- Perry notes that AAHI cannot accept applications and only certified navigators and assisters will be able to.
- Yan Gu inquires if a navigator or assister can be requested to attend an event.
  - Perry refers to the green form and advises Committee members to submit a request by using the online form on the website of Capital Health Connection (capitalhealthconnection.org). He also advises to be as specific about the event so the department will be able to efficiently review the request.
- Sam adds that the Asian Indian community is doing enrollment in partnership with DHHS on October 27, 2013.
  - Sam says that there has been a lot of confusion regarding ACA enrollment.
  - Sam explains some basic background information about ACA regarding penalties and the various levels of benefits.
  - Sam emphasizes that because there is a lack of information about ACA, there is the same confusion in all communities.
- Wendy Shiau inquires about ACA fines and the option of not enrolling. Sam clarifies that enrolling is mandatory.
- Wendy also inquires about whether a person can enroll at any time. Sam says that the deadline is March 31st, 2014.
- Wilbur inquires about how ACA will affect Medicaid. Sam notes that those enrolled in Medicaid or Medicare do not have to enroll individually and that with ACA, more money has flowed into Medicaid.
- Nguyen Nguyen asks what languages are available when an individual enrolls online.
  - Betty Lam explains that it is only available in English currently, but Spanish will be an option for the future.
Betty adds that the County will not translate forms for in-person enrollment. However, outreach materials will be translated, and certified assisters and navigators will help individuals enroll.

- Wilbur inquires about which kids under 26 can be carried under their parents insurance.
  - Sam clarifies that all kids can be carried, whether in school or married.

**ECHO Workshop**

- Perry notes that the next ECHO workshop will take place on November 18, 2013 at the Silver Spring Civic Center from 6-8 PM.
- Perry adds that as soon as the flyer is ready, he will make sure that Committee members are invited and have a copy of the flyer.
- Perry also adds that he would like Committee members to gather questions asked by community members and to include it in your RSVP registration. He will then give the questions to the panel to answer.
- Perry mentions that they will be partnering with the Latino Health Initiative and the African American Health Program.
- Perry notes that the topic of the workshop is ACA, and there will be discussion about an implementation plan and tools that can be provided to the community.
- Perry emphasizes that the goal of the workshop is for the participants to be a voice and spread the information to the community so that community members can be more prepared.
- Perry says that he will keep the Committee updated about upcoming details.

**Newsletter**

- Perry draws the Committee’s attention to the newsletter sent out last Friday, containing the FY13 Annual Report that demonstrates what AAHI has accomplished.
- Perry notes that he will send the Annual Report link to the Committee when the minutes are ready.

**Local Resources**

- Perry distributes several handouts about local resources and future health events in the community.
- Perry encourages Committee members to direct community members to these resources and events.

**Welcome (continued)**
• Sam initiates the introductions of current and new members, as well as guests and AAHI staff.
• Sam welcomes Ashraf Sufi as a new Committee member, who will be replacing Harry Kwon on the Commission on Health.

**Liaison Updates**

**Healthy Montgomery**

• Wendy discusses the updates regarding the Healthy Montgomery meeting.
• Betty clarifies the background of Healthy Montgomery. The organization has three goals:
  o Improve access to health and social services
  o Achieve health equity
  o Enhance physical and social environment to support optimal health and wellbeing
• Betty shares that a modified chapter draft was written, defining Healthy Montgomery and the role of the Steering Committee.
  o If anyone is interested in a copy, Wendy can forward a copy of the report.
• Perry further explains Healthy Montgomery and how it helps planners, policy makers and community members identify issues and diverse solutions.
  o 6 priority areas: cancer, cardiovascular disease, maternity health, behavioral health, obesity, diabetes
  o 3 lenses: lack of access, health inequities, unhealthy behaviors
• Wendy updates about the Obesity Workgroup. They will have a final draft of their action plan in November, which will include County level data.
• Wendy updates about the Behavioral Workgroup. Their action plan report emphasizes 3 areas:
  o Ready access to treatment protocols
  o Improvement in communication among providers
  o Creation of the coordination of care
• Wendy shares that there will be three new task groups under Behavioral Health.
• Sam suggests having an Asian American health survey to showcase the need in the Asian American community.
• Sam inquires about how the HIPAA laws come into play.
• Ashraf Sufi clarifies the HIPAA compliance in his workplace and experience.
• Nguyen addresses that language barrier is a problem in medical environment.
• Nerita Estampador expresses that technology is not completely dependable.
CE Asian American Advisory Committee

- Sam discusses updates regarding the CE Asian American Advisory Committee.
- Sam reports that many different individuals expressed excitement to partner with AAHI wherever they can.
- Sam points out that Diane Vu said Ike Leggett has funds for community activities.
  - Sam requests Committee members to consult their own communities.
- Sam reports that the Advisory Committee took delegations to China and returned with business contracts signed.

Governor’s Commission

- Anis Amed is not present. There is no update to report.
- Sam nominates Sovan Tun as the next representative for the Governor’s Commission.
- Mayur Mody offers to help since he is regularly in touch with members in the Governor’s Commission.
- Sam expresses his concern about how information has not been shared, and Committee members need feedback.
- Wilbur requests Perry to find out how many times Anis has attended meetings in the past two years and report the number back to him.

Commission on Health

- Ashraf reports to the Committee that there are not many updates.
- Ashraf notes that the Commission on Health is currently working on their retreat scheduled for October 17, 2013.
- Ashraf comments about the possible areas they want to focus on, which include poverty and food shortage, obesity prevention, and data collection.
- Ashraf reports that the Commission on Health is giving their opinions and recommendations to the Council on the Affordable Care Act.
- Sam notes that the Steering Committee will provide input for Ashraf before Commission on Health meetings.

Recruitment of Steering Committee Member

- Sam proposes that by end of year, the Committee will have recruited 8 new members.

Breakfast Meeting with George Leventhal – October 17, 2013

- Sam expresses that the Committee does not have an active program committee to liaise with the department and are not advocating or advising on programs at all.
• We have been advocating for mental health without a budget.
• Sam suggests presenting the information in a different way.
• Betty states that the HHS Mental Health program should serve the Asian American community.
• Sam asks Nevita to compose an email about the idea of having mental health care providers in a residency program to volunteer during community events.
• Michael Lin draws the Committee’s attention to the serious need for data collection.
• MK Lee suggests discussing data collection more in depth at retreat.
• Perry shares that Sunmin Lee has worked with AAHI to create a PowerPoint presentation to address data gaps and needs in the Asian American community.
• Sam proposes composing a draft where Committee members can add ideas. It will be summarized and reformatted to develop a good presentation.

Annual Retreat for FY2014 – November 9, 2013 @ 1301 Piccard Drive, Rockville

• Sam reports that we will host the same facilitator as last year, Gwen Crider.
• Perry notes that it will be a full day retreat.
• Perry will send an email when the times and agenda are finalized.

Committee Member Updates

• Sovan shares that there will be free flu shots at the Cambodian Temple on October 20, 2013 from 11:30-3 PM. It is open to everyone.
• Mayur shares that the NCAIA Health Fair will take place on October 27, 2013 from 10-3 PM at the Silver Spring Civic Center. They will be providing flu shots, free labs, physician consultations, educational information, and ACA enrollment.
  o Mayur will email the flyer to the Committee.

MHI/P

• Betty states that only themes have been identified, not specific areas.
• Perry mentions that a new organization was formed after the 20 month process, known as the Leadership Institute of Equity and the Elimination of Health Disparities (LIEED). They will be working on 3 focuses:
  o ACA
  o Infrastructure
  o Bilingual mental health/behavioral health professionals
• Perry notes that more information will be presented during the retreat.

Adjourn: 8:14 PM