Asian American Health Initiative

Together To Build A Healthy Community

Welcome!

Together To Build A Healthy Community

Dinner and Pre-test

Refresher 101

Mental Health Photo novel

Cancer Fact Booklet

Hep B Booklet

Good Health In your Hands Booklet

Resource Brochure

Osteoporosis Education + Handout

Manage your Diabetes / Prevent Diabetes worksheet

Cholesterol / High Blood Pressure worksheet

Carbon Monoxide worksheet / Quit now cards / Asian smoking hotline

Zika virus

Together To Build A Healthy Community

Mental Health – state of wellbeing which individual realizes his or her own abilities, can cope with normal stresses of life, and able to make a contribution to his or her community.

Outreach tactics:

1. Use wheel of education as a foot-in-the-door technique.
2. “We are trying to de-stigmatize and bring awareness of mental health in the community.”
3. “Mental health is just like taking care of your physical health. It is a normal behavior.”
4. “Feel free to take this material to share with your friends or family.”

Breast cancer = most common cancer diagnosed among Asian American women

Cervical cancer = diagnosed in 7 Asian/Pacific Islander women out of 100,000 women

Colorectal cancer = regular screening from 50 to 75 is good first prevention

Liver cancer = 2nd leading cause of death among Asian/Pacific Islander men

Outreach tactics:

1. "Knowing the risk factors and symptoms of cancer can help with prevention and early diagnosis."
2. "Montgomery County has the Women's Cancer Control Program offers those who are eligible with free breast and cervical cancer screening."
3. "Cancer Crusade offers those eligible with colorectal screening."

Hepatitis B – contagious liver disease that results from infection with Hep B virus (HBV)

Outreach tactics:

1. "It is a 'silent killer' because many people show no symptoms of illness."
2. "1 in 12 Asian Americans is living with chronic Hepatitis B compared to 1 in 1,000 in the general U.S. population."
3. "They only way you know if you have Hepatitis B is to get tested. There are clinics like PanAsian Clinic Stop B program that do that."
4. Vaccination is safe and a great first prevention."

VACCINATION SCHEDULE

MONTH 0	MONTH 1	MONTH 2	MONTH 3	MONTH 4	MONTH 5	MONTH 6

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Good health in your hands – booklet that is useful to define terms used in health conversations. Ex: with doctor, clinics, health materials.

Outreach tactics:

1. “This is a great booklet to carry around to get familiar with terms that you might hear discussing your health.”
2. Flip through the booklet with the community member. Point out a term to go through together.

Resource Brochure

Outreach tactics:

1. "This is a great summary brochure of a lot of the services offered here in Montgomery County"

2. *For those who don't have insurance or permanent residency:* "A lot of the Montgomery care clinics are a good option to seek healthcare because they won't ask for proof of immigration."

Osteoporosis – occurs when you lose too much bone, make too little of it, or both.

Outreach tactics:

1. 90% of Asian American adults are lactose intolerant making it difficult to get calcium.
2. 20% of Asian American women 50+ have osteoporosis.
3. *Younger community:* "Osteoporosis prevention begins young. Prevention now with calcium intake and physical exercise will make a huge impact."
4. *If talking to someone who is at risk during screening:* "We encourage you to go see your PCP and if you don't have one, I can help you find one through Montgomery Cares clinic."

Diabetes – disease where blood glucose levels are above normal

Outreach tactics:

1. In 2010, diabetes was the 5th leading cause of death among Asian Americans and Pacific Islanders
2. Asian Americans are 20% more likely to be diagnosed with diabetes compared to Whites
3. “With a healthy weight, exercise, and good diet—diabetes is easily preventable.”
4. “If you’re 45+, consider getting a blood test from a health care provider for pre-diabetes and diabetes.”
5. “Participating local hospitals provide glucose screenings and blood pressure testing.”

Cholesterol: Fat like material in your blood. Can build up and block blood flow.

High Blood Pressure: also known as Hypertension can cause kidney problems, stroke, and heart failure.

Outreach tactics:

1. “Women over the age of 55 tend to have higher cholesterol levels than men.”
2. “People over 55 or have a family history of high blood pressure are at risk.”
3. “Both do not have signs at first. Best way is to monitor diet and exercise.”

Tobacco Cessation – Among Asian Americans, cigarette smoking is 1 in 7 (men) and 1 in 20 (women)

Outreach tactics:

1. Smoking is the leading preventable cause of death in the US.
2. “Even if you don’t smoke, second hand smoke can cause respiratory infection, cardiovascular disease, and lung cancer.”
3. “Lung cancer is the leading cause of cancer death among Asian Americans and second most common cancer among both men and women in US.”
4. “If you or someone you closely interact with smokes and would like to quit, we have a lot of programs: Asian Quitline and Adventist Smoking Cessation program.

Zika Virus – carried by mosquitoes and there is no vaccine or specific treatment. First prevention is key.

Outreach tactics:

1. First prevention is key. Wear bug spray and protective clothing.
2. Make sure to check Centers for Disease Control and Prevention for latest updates.
3. Be informed about Zika in the news—right now it still changes week by week.

Asian American Health Initiative

Together To Build A Healthy Community

Health Promoter
FY 17 Refresher Training

Learning Objectives

- After the training, Health Promoters will be able to:

1. Learn about updated tools and procedures for outreach events
2. Be able to efficiently use and complete the online Service Connection form
3. Feel more confident in referring community members to local resources

Expectations for Karie

Asian American Health Initiative

Together To Build A Healthy Community

Outreach Business for FY17

Together To Build A Healthy Community

Business As Usual

- Health Promoter stipend is $11.00 per hour
- Reimbursement checks every quarter (July-September, October-December, January-March, April-June)
- Paychecks will be mailed out 6-8 weeks after the end of each cycle
- Email/ call will be main mode of communication, let me know if attending or not.
- Wear AAHI polo/t-shirts to outreach

Mental Health Services

Mental Health Association Hotline **301-738-2255**
24 hours/7 days a week; provides free and confidential telephone services

Access to Behavioral Health* **240-777-1770**
Phone number also for Adult Mental Health Program and Mental Health Case Management

Child & Adolescent Mental Health Program **240-777-1450**

Senior Mental Health Program **240-777-3962**

Outpatient Addiction Services **240-777-1680**
Delivers care to individuals with mental health and substance abuse symptoms and disability

Mental Health Services for People with Developmental Disabilities **301-589-2303**

Mental Health Services for People who are Deaf **301-838-4200**

Crisis Services

Crisis Center/Mobile Crisis Team **240-777-4000**
24 hours/7 days a week; provides telephone and walk-in services

Victim Assistance & Sexual Assault Crisis Line
24 hours/7 days a week **240-777-4357**

Abused Persons Crisis Line **240-777-4195**
Provides comprehensive services to victims of domestic violence and their families

Child Abuse & Neglect Hotline **240-777-4417**

National Suicide Prevention Lifeline & Veterans Crisis
24 hours/7 days a week **1-800-273-8255**

Adult Protective Services **240-777-3000**

Patient Navigator Programs

Provides information and referrals for health resources and interpretation services
For Chinese, Hindi, Korean, & Vietnamese: **301-760-4993**
For Spanish: **301-270-8432**

Office of Eligibility and Support Services (OESS)

Application for Federal, State, and County health programs*
Germantown **240-777-3591**
Rockville **240-777-3120**
Silver Spring **240-777-3066**

Montgomery Cares Clinics

Provide medical care to uninsured, limited-income, Montgomery County residents (no documentation of legal status needed)

Care for Your Health (Accepts Medicare and Medicaid)
Silver Spring **1-240-844-2552**

Community Clinics, Inc. (Accepts Medicare and Medicaid)
Gaithersburg **301-216-0880**
Silver Spring **301-585-1250**
Takoma Park **301-431-2972**

Holy Cross Hospital Health Center
Silver Spring, Gaithersburg, & Aspen Hill **301-557-1940**

Mansfield Kaseman Health Clinic
Rockville **301-917-6800**

Mary's Center Clinic (Accepts Medicare and Medicaid)
Silver Spring **240-485-3160**

Mercy Health Clinic
Gaithersburg **240-773-0300**

Mobile Medical Care, Inc.
Many locations & walk-ins **301-493-2400**

Muslim Community Center Medical Clinic (Accepts Medicare and Medicaid)
Silver Spring **301-384-2166**

Pan Asian Volunteer Health Clinic
Gaithersburg **240-599-6858**

Peoples Community Wellness Center
Silver Spring **301-847-1172**

Proyecto Salud
Wheaton **301-962-6173**
Olney **301-260-1073**

Spanish Catholic Center
Silver Spring **301-434-8985**

Local Hospitals

Holy Cross Hospital **301-754-7000**
MedStar Montgomery Medical **301-774-8882**
Suburban Hospital **301-896-3100**
Shady Grove Adventist Hospital **240-826-6000**
Washington Adventist Hospital **301-891-7600**

Revised on: 09/07/16

English

Asian American Health Initiative

Together To Build A Healthy Community

Health and Social Service Resources for Montgomery County Residents

Montgomery County
Department of Health and Human Services
Asian American Health Initiative
1401 Rockville Pike, 3rd Floor,
Rockville, MD 20852
Tel: 240-777-4517
Fax: 240-777-4564
Website: www.AAHIinfo.org
Email: info@AAHIinfo.org

www.healthymoco.blogspot.com
Search: Asian American Health Initiative
Twitter @AAHI_info

Alternative formats of this document are available upon request by calling 240-777-4517. TTY users can call Maryland Relay at 711 (in-state calls) or 1-800-735-2258 (out-of-state calls).

**** The following services are for County residents who meet certain eligibility requirements. Please call the numbers to inquire or visit Montgomery County's website: www.montgomerycountymd.gov/hhs***

Cancer Control Program

Provides cancer screenings*

Breast and Cervical Cancer	**240-777-1750**
Colorectal Cancer	**240-777-1222**

Hepatitis B Services

STOP B Project **240-393-5950**
Provides free education, free screening, vaccination, and treatment referral

Perinatal Hep B Program **240-777-1736**
Prevention of hepatitis B in newborns

Quit Smoking Services

Tobacco Quit Line **1-800-784-8669**
Free call, free support, and free medicine

For Chinese:	**1-800-838-8917**
For Vietnamese:	**1-800-778-8440**
For Korean:	**1-800-556-5564**

Dental Services

Dental Services **240-777-1875**
Provides general dental care*

HIV Dental Services **240-777-1737**
General dental care to HIV-positive clients

Children's Services

Care for Kids **301-628-3438**
Provides primary and specialty care services*

ChildLink **240-777-4769**
Provides information and referral service

Maryland Children's Health Insurance Program (MCHP) **1-855-642-8572**
Provides health care for children ages 0-19 and for pregnant women of any age*

School Health Services **240-777-1550**
Assures and promotes health, safety, and well-being of students in public schools

Immunization Program **240-777-1050**
Provides walk-in immunizations to children under age 19

Senior & Disability Services

Aging & Disability Resource Unit **240-777-3000**
Services for seniors and/or people with disabilities and their caretakers/home aids

Senior Care Program **240-777-3000**
Provides funds for supplementing senior needs

Senior Nutrition Program **240-777-3810**
Provides meals in group settings

Connect-A-Ride **301-738-3252**
Provides information on transportation options for adults age 50+ and people with disabilities

Call 'N' Ride **301-948-5409**
Transportation for seniors and people with disabilities*

Medicaid Transportation Information Line **240-777-5890**
For medical appointments to Medicaid providers

Maternal/Reproductive Health Care Services

Maternity Partnership **1-800-456-8900**
Provides prenatal care*

Holy Cross OB/GYN Clinic **301-754-7630**
Provides prenatal and post-delivery care*

Family Planning/Reproductive Health
Provides reproductive health care and consultation services

Teen and Young Adult Health Connection*	**301-565-0914**
Mary's Center Clinic	**240-485-3160**
Silver Spring Center Planned Parenthood	**301-608-3448**
Gaithersburg Center Planned Parenthood	**301-208-1300**

Teen Pregnancy **240-777-1570**
Phone number includes prevention education and Teen Parent Support Program

Community Health Services

Disease Control **240-777-1755**
Investigates incidents of communicable diseases

Flu/Tdap Shots **240-777-1050**
Provides seasonal influenza and Tdap vaccinations

HIV Case Management **240-777-1869**
Provides comprehensive HIV services

Refugee & Migrant Workers Health Program/Clinic **240-777-3102**
Provides comprehensive health screenings, ensures access to County health care services

STI/HIV Testing **240-777-1760**
Testing and treatment of STIs and HIV*

TB Testing and Treatment*	**240-777-1800**
International Travel Info	**240-777-0311**

Food Poisoning **240-777-3986**
Phone number also for food/facilities licensing and public complaints regarding facilities

Public Health Emergency Preparedness and Response Program

240-777-3038

Medical Coverage

Medicaid/Health Choice **240-777-1635**
Care coordination for pregnant women, children, and adults with disabilities*

Medical Care for Homeless Adults **240-777-0311**

Financial Assistance/Housing

Public Assistance Programs
Provides income, food, and medical support*

Germantown	**240-777-3420**
Rockville	**240-777-4600**
Silver Spring	**240-777-3100**

Rental Assistance Program* **240-777-4400**

Emergency Eviction Prevention
Provides crisis intervention assistance*

Germantown	**240-777-4448**
Rockville	**240-777-4550**
Silver Spring	**240-777-3075**

Utility Assistance Program **240-777-4450**
Helps pay heating and electric bills*

For information on any services provided by Montgomery County Department of Health & Human Services, call MC 311 at 240-777-0311; calls are received in any language. Website: www.montgomerycountymd.gov/311

Together To Build A Healthy Community

Outreach Prep

- To help boost confidence and preparedness, arrival time for Health Promoters is 30 minutes prior to event start time

- In addition to setting up the AAHI info table, 10-15 minutes will be dedicated to go over handouts, resources, and questions

- Be proactive and aggressive with outreach

Ask questions! You are also welcome to take home copies of the materials should you need to review them prior to future events.

Together To Build A Healthy Community

Outreach Forms

- ***Tracking Forms***
  - Remember to mark how many people you talk to, literature handouts, and educational encounters
- ***Participant Evaluation Survey***
  - At least one per Health Promoter
- ***Health Promoter Recruitment***
  - At least one per Health Promoter

FY17 Outreach Event Tracking Form

Event Name & Date:

HP Name:

Asian American Health Initiative

Together To Build A Healthy Community

Please tally the number of people you assisted:

Number of People	

Please tally each literature distribution and educational encounter:

Topic	*Literature Distribution (How many of the handouts/brochures did you give the community member?)*	*Educational Encounter (How many of the handouts/brochures did you go through with the community member?)*
Cancer	||||	|||
Diabetes	|	|
Hepatitis B		
Mental Health		
Osteoporosis		
Tobacco Cessation		
Community Resources		
Good Health in Your Hands		
Heart Health	|||	
Lyme Disease		
Affordable Care Act (ACA)-English		
Affordable Care Act (ACA)-Asian Languages		
Destination Health		
Other: _____		

Please tally the number of breast self-exam demonstrations:

Breast Self-Exam Demo	

ity

MONTGOMERY COUNTY MARYLAND

Asian American Health Initiative

Together To Build A Healthy Community

Strengthening the Referral Process

Presented by Huyen

Together To Build A Healthy Community

Referring to Resource

- After educating participant on a topic, the next step is to refer them to the appropriate resource that can help address that concern (i.e. health screening or program)

How to Refer

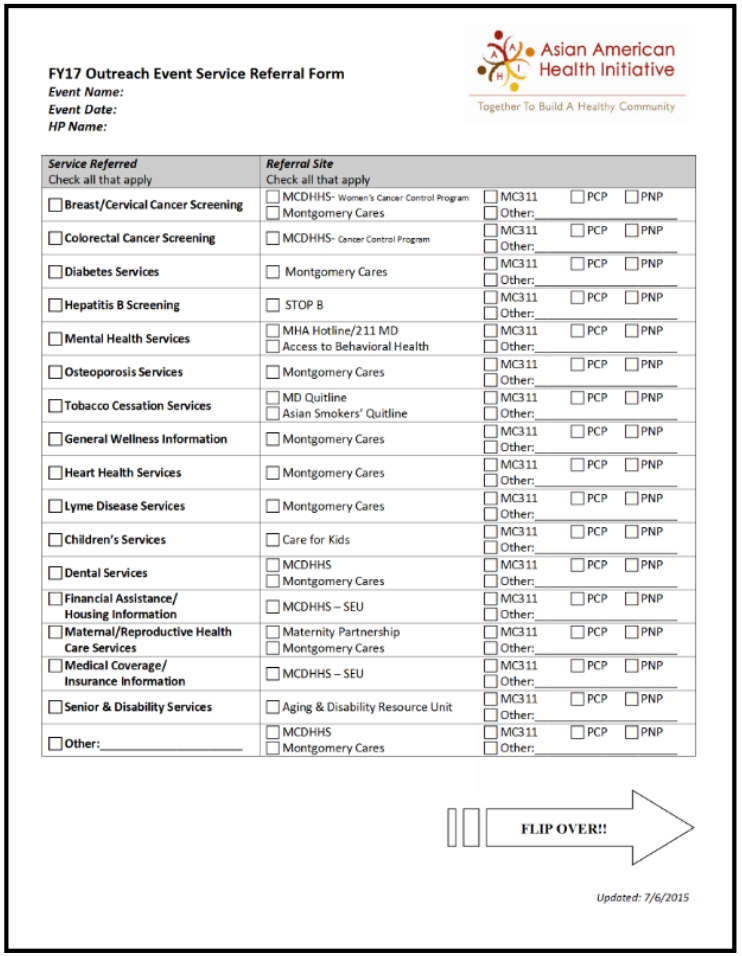
- *Circle* appropriate program phone number on Resource Brochure:

ım	240-777-3990	Takoma Park	301-431-2972
es	240-777-1680	**Holy Cross Hospital Health Center**	
th mental health and substance		Silver Spring, Gaithersburg, & Aspen Hill	301-557-1940
y		**Mansfield Kaseman Health Clinic**	
eople with Developmental		Rockville	301-917-6800
	301-589-2303	**Mary's Center Clinic** (Accepts Medicare)	
eople who are Deaf		Silver Spring	240-485-3160
	301-838-4200	**Mercy Health Clinic**	
		Gaithersburg	240-773-0300
		Mobile Medical Care, Inc.	
Team	240-777-4000	Many locations & walk-ins	301-493-2400
ides telephone and walk-in		**Muslim Community Center Medical Clinic** (Accepts Medicare)	
	240-777-4195	Silver Spring	301-384-2166
ces to victims of domestic		**Pan Asian Volunteer Health Clinic**	
		Gaithersburg	240-599-6858
ıe	240-777-4417	**Peoples Community Wellness Center**	
Assault Crisis Line		Silver Spring	301-847-1172
	240-777-4357	**Proyecto Salud**	
		Wheaton	301-962-6173

- Tell the participant that they need to call the program to setup their appointment

Service Referral Form

- After service referral is made, mark referral site
- Common referral sites:
  - Montgomery Cares Clinics
  - Patient Navigator Program
  - STOP B Program
  - Aging & Disability Resources Unit
  - Primary Care Physician (PCP) (if they have one)
  - MC311



FY17 Outreach Event Service Referral Form

Event Name:
Event Date:
HP Name:

Asian American Health Initiative
Together To Build A Healthy Community

Service Referred Check all that apply	*Referral Site* Check all that apply	
☐ Breast/Cervical Cancer Screening	☐ MCDHHS- Women's Cancer Control Program ☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Colorectal Cancer Screening	☐ MCDHHS- Cancer Control Program	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Diabetes Services	☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Hepatitis B Screening	☐ STOP B	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Mental Health Services	☐ MHA Hotline/211 MD ☐ Access to Behavioral Health	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Osteoporosis Services	☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Tobacco Cessation Services	☐ MD Quitline ☐ Asian Smokers' Quitline	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ General Wellness Information	☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Heart Health Services	☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Lyme Disease Services	☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Children's Services	☐ Care for Kids	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Dental Services	☐ MCDHHS ☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Financial Assistance/ Housing Information	☐ MCDHHS – SEU	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Maternal/Reproductive Health Care Services	☐ Maternity Partnership ☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Medical Coverage/ Insurance Information	☐ MCDHHS – SEU	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Senior & Disability Services	☐ Aging & Disability Resource Unit	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Other:_____	☐ MCDHHS ☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____

FLIP OVER!!

Updated: 7/6/2015

What if I see that the participant needs additional help?

- While referring to a resource, Health Promoters should ***gauge the conversation***
- ***Do you recognize any barriers*** that might deter them from accessing resource? (i.e. language barrier, low motivation/confidence)
- Would they benefit from additional support in connecting to that resource?

FY15 Outreach Event Service Request Form

Asian American Health Initiative
Together To Build A Healthy Community

Event Name:_____

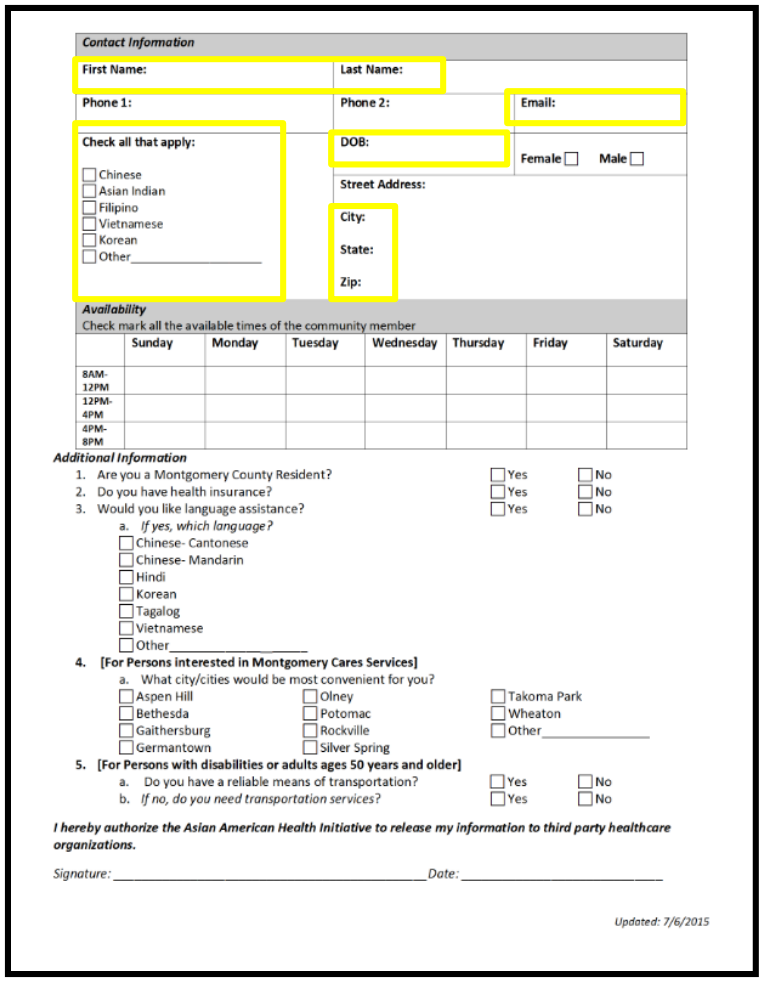
Event Date:_____

Health Promoter Name:_____

Service Requested Check all that apply	*Suggested Referral Site* Check all that apply	
☐ Breast/Cervical Cancer Screening	☐ MCDHHS- Women's Cancer Control Program ☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Colorectal Cancer Screening	☐ MCDHHS- Cancer Control Program	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Hepatitis B Screening	☐ STOP B	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Diabetes Services	☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Tobacco Cessation Services	☐ MD Quitline ☐ Asian Smokers' Quitline	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Osteoporosis Services	☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ General Wellness Information	☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Heart Health Services	☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Lyme Disease Services	☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Children's Services	☐ Care for Kids	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Dental Services	☐ MCDHHS ☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Financial Assistance/ Housing Information	☐ MCDHHS – SEU	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Medical Coverage/ Insurance Information	☐ MCDHHS – SEU	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Mental Health Services	☐ Access to Behavioral Health	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Senior & Disability Services	☐ Aging & Disability Resources Unit	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____
☐ Other:_____	☐ MCDHHS ☐ Montgomery Cares	☐ MC311 ☐ PCP ☐ PNP ☐ Other:_____

FLIP OVER!!

Collecting Participant Information



Contact Information

First Name: | Last Name:

Phone 1: | Phone 2: | Email:

Check all that apply:
- ☐ Chinese
- ☐ Asian Indian
- ☐ Filipino
- ☐ Vietnamese
- ☐ Korean
- ☐ Other_____

DOB: | Female ☐ Male ☐

Street Address:

City:

State:

Zip:

Availability

Check mark all the available times of the community member

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8AM-12PM							
12PM-4PM							
4PM-8PM							

Additional Information

1. Are you a Montgomery County Resident? ☐ Yes ☐ No
2. Do you have health insurance? ☐ Yes ☐ No
3. Would you like language assistance? ☐ Yes ☐ No
   a. *If yes, which language?*
   - ☐ Chinese- Cantonese
   - ☐ Chinese- Mandarin
   - ☐ Hindi
   - ☐ Korean
   - ☐ Tagalog
   - ☐ Vietnamese
   - ☐ Other_____

4. **[For Persons interested in Montgomery Cares Services]**
   a. What city/cities would be most convenient for you?
   - ☐ Aspen Hill ☐ Olney ☐ Takoma Park
   - ☐ Bethesda ☐ Potomac ☐ Wheaton
   - ☐ Gaithersburg ☐ Rockville ☐ Other_____
   - ☐ Germantown ☐ Silver Spring

5. **[For Persons with disabilities or adults ages 50 years and older]**
   a. Do you have a reliable means of transportation? ☐ Yes ☐ No
   b. *If no, do you need transportation services?* ☐ Yes ☐ No

I hereby authorize the Asian American Health Initiative to release my information to third party healthcare organizations.

*Signature:*_____ *Date:*_____

Updated: 7/6/2015

- If a participant needs assistance in setting up an appointment, complete the back side of the Service Referral Form
- ***Minimum required information***: Name, E-mail, Ethnicity, City, DOB
- This will give AAHI staff the opportunity to follow up with the participant accordingly

Together To Build A Healthy Community

Using Technology at Outreach

Asian American Health Initiative

Together To Build A Healthy Community

FY17 Outreach Event

Service Referral Form

Check all that apply

	MCDHHS-Women's Cancer Control Program	MCDHHS-Colorectal Cancer Program	MCDHHS-Office of Eligibility & Support Services	Montgomery Cares	MC311	PCP	PNP	Pan Asian Volunteer Health Clinic: STOP B	As
Breast/Cervical Cancer Screening									
Colorectal Cancer Screening									
Diabetes Services									
Hepatitis B Screening									
Mental Health Services									
Osteoporosis Services									
Tobacco Cessation Services									
General Wellness Information									
Heart Health Services									

- Electronic Service Referral Form on Google Drive
- ***Minimum required information****: Name, E-mail, Ethnicity, City, DOB, consent

Using Technology at Outreach

- AAHI will be bringing a tablet and Internet to help community members look up specific info on a program/service, if needed

1. MCDHHS website
   http://www.montgomerycountymd.gov/hhs/
2. infoMontgomery
   http://www.infomontgomery.org/Pages/Home.aspx
3. MC311
   http://www3.montgomerycountymd.gov/311/Home.aspx

Resource Coordinator

- Resource Coordinator will conduct follow-up back in office
- Attending outreach event to provide support to Health Promoters when helping community members
- Helping us “close the gap” between referring the community to a resource and connecting them to a service

Together To Build A Healthy Community

Asian American Health Initiative

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Roleplay!

Together To Build A Healthy Community

Scenario #1

A community member approaches the table asking how to get their parent (first generation immigrant, 65 years old) on health insurance. The parent does not speak English well.

Scenario #1

1. **Ask how long the parent has been in the U.S**
   - there's a 5 year requirement

2. If they live in Montgomery County
   - If not, refer them online to Social Security website to closest office.

3. Explain what Medicare is
   - Is healthcare for those over 65 years old. For new immigrants, you can buy into part A but it's very expensive.

4. Have community member fill out paper or online form for the parent.
   - Huyen will follow up in the next 2 weeks.

Scenario #2

A community member approaches the table claiming that they are healthy and do not need any resources (on mental health, cancer, etc). What are ways to reach out and connect to this community member?

Scenario #2

- Smiling and encourage community member to take materials just to get the knowledge
- Suggest if not for yourself, take for your friends or family
- “Even if you are healthy, it is still smart to maintain your good health through first prevention.”

Questions?

Please turn in your post-test and invoice.

Reminders:

Saturday, Sept 24th CCACC Health Fair 1-5pm (HP arrive at 12:30pm)

Sunday, Sept 25th GNFA Health Fair 11-3pm (HP arrive at 10:30am)

Saturday, Oct 1st KCSC at GMC Health Fair 8:30-12:30pm (HP arrive at 8am)

Sunday, Oct 9th GGSF Health Fair 2-6pm (HP arrive at 1:30pm)