

COVID-19 RESOURCE GUIDE

Developed by the Asian American Health Initiative, MCDHHS

The Asian American Health Initiative (AAHI), part of the Montgomery County Department of Health and Human Services (MCDHHS) has developed this COVID-19 Resource Guide to support County residents in identifying resources to address various needs caused by the COVID-19 crisis.



Resource	Description	Website	Contact Information
COVID-19 Testing: https://montgomerycountymd.gov/covid19/testing.html			
COVID-19 County Testing Clinics	Offers COVID-19 testing to all Montgomery County residents. Walk-in clinics, no appointment needed.	https://www.montgomerycountymd.gov/covid19/testing.html	240-777-1755
COVID-19 Testing Facilities	Provides COVID-19 testing in multiple facilities. Check the website or call before going to a test location to determine if the site allows walk-up testing or requires appointments.	https://www.montgomerycountymd.gov/covid19/Resources/Files/testing/COVID-19%20Testing%20Facilities.pdf	Please visit the website to learn more about the different sites.
No-Cost Home-Based COVID-19 Testing and Human Services Screening	Conducts medical services visits in individual households only ; not nursing homes, assisted living facilities, group homes, or shelters.	https://www.montgomerycountymd.gov/covid19/testing/home-based-testing.html	240-777-1755
Health Care Coverage: https://www.montgomerycountymd.gov/HHS-Program/PHS/PHSProgramEligibility-p732.html			
Maryland Health Connection	Serves as the health insurance marketplace in Maryland and enables individuals and families to compare and enroll in health insurance plans.	https://www.marylandhealthconnection.gov/	1-855-642-8572
Office of Eligibility and Support Services (OESS)	Point of entry for residents interested in applying for County programs. (Dental Clinic, Medicaid, SNAP, Energy Assistance Program, etc.)	https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=PHS/PHSProgramEligibility-p732.html	Call 311 (240-777-0311)

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Updated:10/8/2020

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Food Access: https://montgomerycountymd.gov/covid19/get-help/food.html			
American Diversity Group (ADG)	Provides food distribution events throughout Montgomery County.	https://www.americandiversitygroup.org/events	240-330-9421
COVID-19 Food Assistance Referral Guide	Details different food and grocery delivery options. Includes options for those who can pay to purchase groceries and options for those with more limited funds.	English: https://mocofoodcouncil.org/wp-content/uploads/2020/05/Flow-chart-english.pdf Chinese: https://mocofoodcouncil.org/wp-content/uploads/2020/05/Chinese-flow-chart-pdf.pdf Korean: https://mocofoodcouncil.org/wp-content/uploads/2020/05/Korean-flowchart-pdf.pdf	info@mocofoodcouncil.org
Food Access Call Center	Refers and connects residents to food services such as free meal and grocery delivery, SNAP (Food Stamps), local food providers, and other resources in Montgomery County.	https://montgomerycountymd.gov/covid19/get-help/food.html#call-center	Call 311 (240-777-0311) To reach a specialist who speaks select Asian languages, please see the below: <ul style="list-style-type: none"> • Chinese (AAHI): 240-777-4517 • Korean (AAHI): 240-773-1105 • Vietnamese (AVA): 301-588-6862
Food Assistance Resource Map	A mapped database of food assistance providers and benefits application assistance sites in Montgomery County, which is searchable by location, food assistance type, accessibility and many other special features.	https://mocofoodcouncil.org/food-assistance-resource-map/	info@mocofoodcouncil.org
Muslim Community Center (MCC)	Provides nutritious and healthy food by holding on-site distribution and home deliveries. In order to request services, please complete MCC Social Services & Food Pantry Form.	https://mccmd.org/committees/mcc-social-services/ MCC Social Services & Food Pantry Form: https://mccmd.org/wp-content/uploads/MCC_Social_Services_Food_Pantry_Form.pdf	301-384-3454

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Supplemental Nutrition Assistance Program (SNAP)	Provides monthly financial benefits to eligible households (all persons in a residence who purchase and prepare food on a regular basis) to supplement their food purchasing budget.	Application Website: https://mydhrbenefits.dhr.state.md.us/das_hboardClient/#/home For more information: https://montgomerycountymd.gov/covid19/get-help/food.html#snap	Call any number below to get help with SNAP application: <ul style="list-style-type: none"> Montgomery County Department of Health and Human Services: 240-777-1003 Maryland Hunger Solutions: 866-821-5552 Catholic Charities SHARE Program: 301-864-3115/ 1-800-21-SHARE (toll free) Spanish Catholic Center: 301-740-2523 (Gaithersburg) or 301-434-8985 (Wheaton)
Housing: https://www.montgomerycountymd.gov/covid19/get-help/housing-assistance.html			
COVID-19 Rent Relief Program - Phase 2	Provides short term rental assistance to households who have experienced a financial loss due to the COVID- 19 pandemic that has caused them to fall behind on their rent.	https://montgomerycountymd.gov/HHS/RightNav/COVID19_RentReliefProgram.html Link to Create a Service Request: https://www3.montgomerycountymd.gov/311/SolutionView.aspx?SolutionId=1-6XPX0U	Call 311 (240-777-0311)
Housing Opportunities Commission (HOC) COVID- 19 Rental Assistance Program	Provides financial assistance in the form of a rent subsidy payment for people who have lost income during COVID-19. Application submissions for this program are currently closed.	https://www.hocmc.org/extra/878-covid-rental-assistance-program.html	240-627-9400
Maryland Energy Assistance Program	Provides bill assistance to low income households in Maryland to make energy costs more affordable.	https://dhs.maryland.gov/office-of-home-energy-programs/	240-777-4450
Rental Assistance Program (RAP)	Assists low income individuals with rental costs for households who meet program eligibility criteria.	https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=SNHS/SNHSRental-p743.html	240-777-4400
Employment & Financial Assistance: https://www.montgomerycountymd.gov/covid19/get-help/financial-assistance.html			
Emergency Assistance Relief Payment (EARP) - Phase 4	Provides immediate financial assistance to households in need, especially those who are not eligible for federal or state	https://www.montgomerycountymd.gov/HHS/RightNav/Coronavirus_EARP.html	Call 311 (240-777-0311)

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	COVID- 19 aid. Starting 10/5/2020, this program expanded its eligibility criteria and is accepting new applications; please check website for updated details. If you are already waitlisted for this program, you do not need to reapply.		
Maryland Unemployment Insurance	Pays benefits to workers who have lost their job through no fault of their own.	<p>Information for Unemployment Insurance Applicants: http://www.dllr.state.md.us/employment/uibenefits.shtml</p> <p>Maryland Unemployment Insurance Claimant Guide: <ul style="list-style-type: none"> • English: http://www.dllr.state.md.us/employment/clmtguide/uiclmt pamphlet.pdf • Chinese: http://www.dllr.state.md.us/employment/clmtguide/uiclmt pamphletzh.pdf • Korean: http://www.dllr.state.md.us/employment/clmtguide/uiclmt pamphletko.pdf </p>	<p>1-800-827-4839</p> <p>https://www.dllr.state.md.us/employment/officenum.shtml</p>
WorkSource Montgomery	Provides a range of support services for job seekers including resume feedback, interview preparations, job listings, etc.	<p>Current Job Opportunities: https://worksourcemontgomery.com/blogs/current-job-opportunities/</p> <p>Career Support: https://worksourcemontgomery.com/career-support/what-we-offer/</p>	<p>240-406-5485 (Germantown) 301-929-6880 (Wheaton) 240-283-1500 (Young Adult Program)</p>
Mental Health: https://montgomerycountymd.gov/covid19/get-help/mental-health-wellness.html			
24-Hour Crisis Center	Provides free crisis services 24 hours a day/ 365 days a year, which includes full crisis assessments and treatment referrals for all crises, both psychiatric and situational.	https://montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html	240-777-4000

Resource	Description	Website	Contact Information
Asian American Health Initiative (AAHI) COVID-19 & Mental Health Video Series	Library of short videos to help viewers maintain their mental health during the COVID-19 crisis. Videos are available in English, Chinese, Hindi, Korean, and Vietnamese.	https://aahiinfo.org/aahi-resources/#covid-19-resources	240-777-4517
Asian American Inter Community Service, Inc (AICS)	Offers national evidence-based PEARLS depression counseling program by certified counselors.	https://www.aicscare.org/mental-health/	aicscare@aicscare.org
Be Well Initiative (BWI)	Provides mental health counseling services such as stress management strategies to improve physical and emotional wellbeing.	http://www.bewellinitiative.com/	bewell2072@gmail.com
EveryMind	Offers a host of mental health services including a free 24/7 hotline with phone, text, and chat specialists.	https://www.every-mind.srg/7493-2/	301-738-2255
Mental Health/Substance Abuse Screening and Referral Program (also known as ACCESS to Behavioral Health)	Provides assessments and linkages for uninsured, low income persons of all ages who are in need of services for major mental health and/or substance abuse problems.	https://www.montgomerycountymd.gov/HS-Program/Program.aspx?id=BHCS/BHCSACCBehavhealthsvcs-p239.html	240-777-1770
Senior & Caregiver: https://www.montgomerycountymd.gov/covid19/get-help/seniors.html			
Aging and Disability Resource Unit (ADRU)	Provides personalized hands on assistance, referrals to services and specific information to seniors, people with disabilities and caregivers over the phone and in person.	https://www.montgomerycountymd.gov/HS-Program/Program.aspx?id=ADS/ADSADSRResourceUnit-p179.html	240-777-3000
Caregiver Support Program	Provides numerous factsheets, brochures, videos, and guides related to resources for family caregivers.	https://www.montgomerycountymd.gov/senior/caregiver.html	240-777-3000
Senior Planet Montgomery	Offers free online classes and technology support for County learners 60 and older.	https://seniorplanet.org/locations/montgomery-county/	240-753-0676

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Other Multilingual Resources			
Association of Vietnamese American (AVA)	Provides support in applying for social services in Vietnamese.	http://www.avaus.org/	301-588-6862
Chinese American Community Health Services	Provides COVID-19 informational hotline and support in applying for social services in Chinese.	https://www.cachhs.org/	301-661-8866 (English, Mandarin) 571-437-2962 (English, Mandarin) 301-676-8866 (English, Mandarin, Cantonese)
Chinese Culture and Community Service Center's (CCACC) Pan Asian Volunteer Health Clinic (PAHVC)	Provides COVID-19 Informational hotline and support in applying for social services in Chinese. (9 am - 6 pm)	http://en.pavhc-dc.org/	301-798-6001
Korean Community Service Center of Greater Washington (KCSC)	Provides COVID-19 informational hotline and support in applying for social services in Korean. (8 am - 4 pm)	http://www.kcscgw.org/	240-683-6663
Patient Navigator Program (PNP)	Provides general health information and navigates callers through the extensive network of local resources and services available to County residents.	https://aahiinfo.org/patient-navigator-program/	Main Telephone: (301) 760-7050 Toll Free: (866) 403-1566 Press #1 for Chinese Press #2 for Korean Press #3 for Hindi Press #4 for Vietnamese
Vietnamese American Services (VAS)	Provides COVID-19 informational hotline and support in applying for social services in Vietnamese. (9 am - 5 pm)	https://vasusa.org/	301-646-5852
Nha Viet Nam / Vietnamese Literary and Artistic Club (VLAC)	Provides COVID-19 informational hotline in Vietnamese and food delivery services for Vietnamese seniors.	Facebook: https://www.facebook.com/nhavietnam	240-401-8698

Contact AAHI with any questions:

Telephone: 240-777-4517

Email: info@AAHIinfo.org

Website: www.AAHIinfo.org

AAHI will update this guide on a regular basis on our website, you can also access on our website:

<https://aahiinfo.org/aahi-resources/#covid-19-resources>

If you would like to be on the email distribution list to receive notifications of these updates, please email Sophia Yoon at

sophia.yoon@montgomerycountymd.gov

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