

# COVID-19 RESOURCE GUIDE

Developed by the Asian American Health Initiative, MCDHHS

The Asian American Health Initiative (AAHI), part of the Montgomery County Department of Health and Human Services (MCDHHS) has developed this COVID-19 Resource Guide to support County residents in identifying resources to address various needs caused by the COVID-19 crisis.



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| Resource   | Description   | Website   | Phone Number  |
|--|---|---|---|
| <b>COVID-19 Testing:</b> <a href="https://montgomerycountymd.gov/covid19/testing.html">https://montgomerycountymd.gov/covid19/testing.html</a>   |   |   |   |
| COVID-19 County Testing Clinics  | Offers COVID-19 testing to all Montgomery County residents. Walk-in clinics, no appointment needed.   | <a href="https://www.montgomerycountymd.gov/covid19/vaccine/">https://www.montgomerycountymd.gov/covid19/vaccine/</a>   | 240-777-1755  |
| Additional Vaccine Doses (booster shots and third doses)   | Information about COVID-19 booster shots.   | <a href="https://montgomerycountymd.gov/covid19/vaccine/additional-doses.html">https://montgomerycountymd.gov/covid19/vaccine/additional-doses.html</a>   | 240-777-2982  |
| Ride to your COVID-19 test or vaccination  | Requests a free taxi ride to and from COVID-19 testing and vaccination clinics  | <a href="https://montgomerycountymd.gov/covid19/get-help/transportation.html">https://montgomerycountymd.gov/covid19/get-help/transportation.html</a>   | Get a “free COVID Taxi Code” call Connect-A- Ride: 301-738-3252   |
| COVID-19 Testing Facilities  | Provides COVID-19 testing in multiple facilities. Check the website or call before going to a test location to determine if the site allows walk-up testing or requires appointments. | <a href="https://www.montgomerycountymd.gov/covid19/Resources/Files/testing/COVID-19%20Testing%20Facilities.pdf">https://www.montgomerycountymd.gov/covid19/Resources/Files/testing/COVID-19%20Testing%20Facilities.pdf</a> | Please visit the website to learn more about the different sites. |
| <b>Health Care Coverage:</b> <a href="https://www.montgomerycountymd.gov/HHS-Program/PHS/PHSProgramEligibility-p732.html">https://www.montgomerycountymd.gov/HHS-Program/PHS/PHSProgramEligibility-p732.html</a> |   |   |   |
| Maryland Health Connection   | Serves as the health insurance marketplace in Maryland and enables individuals and families to compare and enroll in health insurance plans.  | <a href="https://www.marylandhealthconnection.gov/">https://www.marylandhealthconnection.gov/</a>   | 1-855-642-8572  |
| Office of Eligibility and Support Services (OESS)  | Point of entry for residents interested in applying for county programs. (Dental Clinic,  | <a href="https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=PHS/PHSProgramEligibility-p732.html">https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=PHS/PHSProgramEligibility-p732.html</a>         | Call 311 (240-777-0311)   |

\*Updated: 1/07/2022

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|   | Medicaid, SNAP, Energy Assistance Program, etc.)   |   |   |
| <b>Food Access: <a href="https://montgomerycountymd.gov/covid19/get-help/food.html">https://montgomerycountymd.gov/covid19/get-help/food.html</a></b> |  |   |   |
| Food Access Call Center   | Refers and connects residents to various food providers such as free meal and grocery delivery, SNAP (Food Stamps), local food providers, and other resources in Montgomery County.  | <a href="https://www.montgomerycountymd.gov/covid19/get-help/food.html">https://www.montgomerycountymd.gov/covid19/get-help/food.html</a>   | Call 311 (240-777-0311)<br>To reach a specialist who speaks select Asian languages, please see the below contact information: <ul style="list-style-type: none"> <li>• Chinese (AAHI): 240-777-4517</li> <li>• Korean (AAHI): 240-773-1105</li> <li>• Vietnamese (Association of Vietnamese Americans): 301-588-6862</li> </ul>   |
| Online request for help with food resources   | Requests information about free food and food delivery, SNAP (food stamps), food providers near you, and other resources in Montgomery County.                                       | <a href="https://montgomerycountymd.seamlessdocs.com/f/MCDHHSFACCRReqInfo">https://montgomerycountymd.seamlessdocs.com/f/MCDHHSFACCRReqInfo</a>                                   | 240-777-0311  |
| Supplemental Nutrition Assistance Program (SNAP)  | Provides monthly financial benefits to eligible households (all persons in a residence who purchase and prepare food on a regular basis) to supplement their food purchasing budget. | <a href="https://www.montgomerycountymd.gov/covid19/get-help/food.html">https://www.montgomerycountymd.gov/covid19/get-help/food.html</a>   | Call any number below to get help with SNAP application: <ul style="list-style-type: none"> <li>• Montgomery County Department of Health and Human Services: 240-777-1003</li> <li>• Maryland Hunger Solutions: 866-821-5552</li> <li>• Catholic Charities SHARE Program: 301-864-3115/ 1-800-21-SHARE (toll free)</li> <li>• Spanish Catholic Center: 301-740-2523 (Gaithersburg) or 301-434-8985 (Wheaton)</li> </ul> |
| Food Assistance Flow-Chart  | Details different food and grocery delivery options. Includes options for those who can pay to purchase  | <a href="https://www.montgomerycountymd.gov/HHS/Resources/Files/coronavirus/flow-chart.pdf">https://www.montgomerycountymd.gov/HHS/Resources/Files/coronavirus/flow-chart.pdf</a> | N/A   |

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|   | groceries and options for those with more limited funds.  |   |   |
| <b>Housing:</b> <a href="https://www.montgomerycountymd.gov/covid19/get-help/housing-assistance.html">https://www.montgomerycountymd.gov/covid19/get-help/housing-assistance.html</a>                                   |   |   |   |
| Energy Assistance Program   | Provides bill assistance to low-income households in Maryland to make energy costs more affordable.   | <a href="https://dhs.maryland.gov/office-of-home-energy-programs/">https://dhs.maryland.gov/office-of-home-energy-programs/</a>   | 240-777-4450  |
| COVID-19 Rent Relief Program-Phase  | Provides short term rental assistance to households who have experienced a financial loss due to the COVID- 19 pandemic that has caused them to fall behind on their rent.            | <a href="https://montgomerycountymd.gov/HS/RightNav/COVID19_RentReliefProgram.html">https://montgomerycountymd.gov/HS/RightNav/COVID19_RentReliefProgram.html</a><br><br><b>Start new application: eligibility questionnaire</b><br><a href="https://moco.unqork.io/app/anonymouspreeligibilityflow?locale=en#/workflow/anonymouspreeligibilityflow/welcome">https://moco.unqork.io/app/anonymouspreeligibilityflow?locale=en#/workflow/anonymouspreeligibilityflow/welcome</a> | Call 311 (240-777-0311)                             |
| Rental Assistance Program (RAP)   | Assists low-income individuals with rental costs for households who meet program eligibility criteria (age, income, disability, etc.)   | <a href="https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=SNHS/SNHSRental-p743.html">https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=SNHS/SNHSRental-p743.html</a>   | 240-777-4400  |
| Housing Opportunities Commission (HOC) COVID- 19 Rental Assistance Program  | Provides financial assistance in the form of a rent subsidy payment for people who have lost income during COVID-19.<br><b>Application submission for this program is now closed.</b> | <a href="https://www.hocmc.org/extra/878-covid-rental-assistance-program.html">https://www.hocmc.org/extra/878-covid-rental-assistance-program.html</a>   | 240-627-9400  |
| <b>Employment &amp; Financial Assistance:</b> <a href="https://www.montgomerycountymd.gov/covid19/get-help/financial-assistance.html">https://www.montgomerycountymd.gov/covid19/get-help/financial-assistance.html</a> |   |   |   |
| Unemployment Insurance  | Pays benefits to workers who have lost their job through no fault of their own.   | <a href="http://www.dllr.state.md.us/employment/officenum.shtml">http://www.dllr.state.md.us/employment/officenum.shtml</a>   | 1-800-827-4839                                      |
| WorkSource Montgomery   | Provides a range of support services for job seekers including  | <b>Current Job Opportunities:</b><br><a href="https://worksourcemontgomery.com/blogs/current-job-opportunities/">https://worksourcemontgomery.com/blogs/current-job-opportunities/</a>  | 240-406-5485 (Germantown)<br>301-929-6880 (Wheaton) |

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|   | resume feedback, interview preparations, job listings, etc.   | <b>Career Support:</b><br><a href="https://worksourcemonter.com/career-support/what-we-offer/">https://worksourcemonter.com/career-support/what-we-offer/</a>   | 240-283-1500 (Young Adult Program) |
| <b>Mental Health:</b> <a href="https://montgomerycountymd.gov/covid19/get-help/mental-health-wellness.html">https://montgomerycountymd.gov/covid19/get-help/mental-health-wellness.html</a> |   |   |                                    |
| 24 Hour Crisis Center   | Provides free crisis services 24 hours a day/ 365 days a year, which includes full crisis assessments and treatment referrals for all crises, both psychiatric and situational. | <a href="https://montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html">https://montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html</a>                                 | 240-777-4000                       |
| EveryMind   | Offers a host of mental health services including a free 24/7 hotline with phone, text, and chat specialists.   | <a href="https://www.every-mind.org/7493-2/">https://www.every-mind.org/7493-2/</a>   | 301-738-2255                       |
| Mental Health/Substance Abuse Screening and Referral Program (also known as ACCESS to Behavioral Health)  | Provides assessments and linkages for uninsured, low-income persons of all ages who are in need of services for major mental health and/or substance abuse problems             | <a href="https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCSACCBhavhealthsvcs-p239.html">https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCSACCBhavhealthsvcs-p239.html</a>                       | 240-777-1770                       |
| Asian American Health Initiative (AAHI) Mental Health Resource Guide  | Provides mental health resources to support community member.   | <a href="https://aahiinfo.org/wp-content/uploads/2021/04/Mental-Health-Resource_Social-Injustice.Bullying_V6.FINAL_.pdf">https://aahiinfo.org/wp-content/uploads/2021/04/Mental-Health-Resource_Social-Injustice.Bullying_V6.FINAL_.pdf</a> | 240-777-1770                       |
| Asian American Health Initiative (AAHI) Mental Health Provider Data Base.   | Provides mental health provider data base. Available Chinese, Farsi, Korean & Vietnamese  | <a href="https://aahiinfo.org/aahi-resources/#mental-health-resources">https://aahiinfo.org/aahi-resources/#mental-health-resources</a>   | 240-777-1770                       |
| Asian American Health Initiative (AAHI) COVID-19 & Mental Health Video Series   | Library of short videos to help viewers maintain their mental health during the COVID-19 crisis. Videos are available in English, Chinese, Hindi, Korean, and Vietnamese.       | <a href="https://aahiinfo.org/aahi-resources/">https://aahiinfo.org/aahi-resources/</a>   | 240-777-4517                       |
| <b>Senior &amp; Caregiver:</b> <a href="https://www.montgomerycountymd.gov/covid19/get-help/seniors.html">https://www.montgomerycountymd.gov/covid19/get-help/seniors.html</a>              |   |   |                                    |
| Ageing and Disability Resource Unit (ADRU)  | Provides personalized hands-on assistance, referrals to services  | <a href="https://www.montgomerycountymd.gov/HHS-">https://www.montgomerycountymd.gov/HHS-</a>   | 240-777-3000                       |

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|  | and specific information to seniors, people with disabilities and caregivers over the phone and in person.   | <a href="http://Program/Program.aspx?id=ADS/ADSA DSResourceUnit-p179.html">Program/Program.aspx?id=ADS/ADSA DSResourceUnit-p179.html</a> |   |
| Caregiver Support Program                                    | Provides numerous factsheets, brochures, videos, and guides related to resources for family caregivers.  | <a href="https://www.montgomerycountymd.gov/senior/caregiver.html">https://www.montgomerycountymd.gov/senior/caregiver.html</a>          | N/A   |
| <b>Multilingual COVID-19 Help Lines</b>                      |  |  |   |
| Patient Navigator Program (PNP)                              | Provides general health information and navigates callers through the extensive network of local resources and services available to County residents. | <a href="https://aahiinfo.org/patient-navigator-program/">https://aahiinfo.org/patient-navigator-program/</a>                            | Main Telephone: (301) 760-7050<br>Toll Free: (866) 403-1566<br>Press #1 for Chinese<br>Press #2 for Korean<br>Press #3 for Hindi<br>Press #4 for Vietnamese |
| Chinese Culture and Community Service Center (CCACC)         | COVID-19 Informational hotline for Chinese-language speakers. (9 am - 6 pm)  | <a href="https://www.ccacc-dc.org/">https://www.ccacc-dc.org/</a>  | 301-798-6001  |
| Korean Community Service Center of Greater Washington (KCSC) | COVID-19 informational hotline for Korean language speakers. (8 am - 4 pm)   | <a href="http://www.kcscgw.org/">http://www.kcscgw.org/</a>  | 240-683-6663  |
| Vietnamese American Services                                 | COVID-19 informational hotline for Vietnamese language speakers. (9 am - 5 pm)   | <a href="https://vasusa.org/">https://vasusa.org/</a>  | 301-646-5852  |

Contact the AAHI with any questions:

Telephone: 240-777-4517

Email: [info@AAHIinfo.org](mailto:info@AAHIinfo.org)

Website: [www.AAHIinfo.org](http://www.AAHIinfo.org)

AAHI will update this guide on a regular basis on our website, you can also access on our website:

<https://aahiinfo.org/aahi-resources/>

If you would like to be on the email distribution list to receive notifications of these updates, please email Sophia Yoon at

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