

COVID-19 RESOURCE GUIDE

Developed by the Asian American Health Initiative, MCDHHS

The Asian American Health Initiative (AAHI), part of the Montgomery County Department of Health and Human Services (MCDHHS) has developed this COVID-19 Resource Guide to support County residents in identifying resources to address various needs caused by the COVID-19 crisis.



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Resource	Description	Website	Phone Number
COVID-19 Testing: https://montgomerycountymd.gov/covid19/testing.html			
COVID-19 County Testing Clinics	Offers COVID-19 testing to all Montgomery County residents. Walk-in clinics, no appointment needed.	https://www.montgomerycountymd.gov/covid19/vaccine/	240-777-1755
Additional Vaccine Doses (booster shots and third doses)	Information about COVID-19 booster shots.	https://montgomerycountymd.gov/covid19/vaccine/additional-doses.html	240-777-2982
Ride to your COVID-19 test or vaccination	Requests a free taxi ride to and from COVID-19 testing and vaccination clinics	https://montgomerycountymd.gov/covid19/get-help/transportation.html	Get a “free COVID Taxi Code” call Connect-A- Ride: 301-738-3252
COVID-19 Testing Facilities	Provides COVID-19 testing in multiple facilities. Check the website or call before going to a test location to determine if the site allows walk-up testing or requires appointments.	https://www.montgomerycountymd.gov/covid19/Resources/Files/testing/COVID-19%20Testing%20Facilities.pdf	Please visit the website to learn more about the different sites.
Covid-19 Rapid Test Kits and N95 Masks	Residents can get two test kits and four adult N95 masks per person per day. Each kit contains two tests.	https://montgomerycountymd.gov/covid19/testing/rapid-tests.html	240-777-2982
Order free rapid tests for at-home delivery from the US government.	Every home in the U.S. is eligible to order free at-home COVID-19 tests. Orders will usually ship in 7-12 days.	https://www.covidtests.gov/	1-800-232-0233
Health Care Coverage: https://www.montgomerycountymd.gov/HHS-Program/PHS/PHSProgramEligibility-p732.html			
Maryland Health Connection	Serves as the health insurance marketplace in Maryland and	https://www.marylandhealthconnection.gov/	1-855-642-8572

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	enables individuals and families to compare and enroll in health insurance plans.		
Office of Eligibility and Support Services (OESS)	Point of entry for residents interested in applying for county programs. (Dental Clinic, Medicaid, SNAP, Energy Assistance Program, etc.)	https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=PHS/PHSPProgramEligibility-p732.html	Call 311 (240-777-0311)
Food Access: https://montgomerycountymd.gov/covid19/get-help/food.html			
Food Access Call Center	Refers and connects residents to various food providers such as free meal and grocery delivery, SNAP (Food Stamps), local food providers, and other resources in Montgomery County.	https://www.montgomerycountymd.gov/covid19/get-help/food.html	Call 311 (240-777-0311) To reach a specialist who speaks select Asian languages, please see the below contact information: <ul style="list-style-type: none"> • Chinese (AAHI): 240-777-4517 • Korean (AAHI): 240-773-1105 • Vietnamese (Association of Vietnamese Americans): 301-588-6862
Online request for help with food resources	Requests information about free food and food delivery, SNAP (food stamps), food providers near you, and other resources in Montgomery County.	https://montgomerycountymd.seamlessdocs.com/f/MCDHHSFACCCReqInfo	240-777-0311
Supplemental Nutrition Assistance Program (SNAP)	Provides monthly financial benefits to eligible households (all persons in a residence who purchase and prepare food on a regular basis) to supplement their food purchasing budget.	https://www.montgomerycountymd.gov/covid19/get-help/food.html	Call any number below to get help with SNAP application: <ul style="list-style-type: none"> • Montgomery County Department of Health and Human Services: 240-777-1003 • Maryland Hunger Solutions: 866-821-5552 • Catholic Charities SHARE Program: 301-864-3115/ 1-800-21-SHARE (toll free) • Spanish Catholic Center:

			301-740-2523 (Gaithersburg) or 301-434-8985 (Wheaton)
Food Assistance Flow-Chart	Details different food and grocery delivery options. Includes options for those who can pay to purchase groceries and options for those with more limited funds.	https://www.montgomerycountymd.gov/HHS/Resources/Files/coronavirus/flow-chart.pdf	N/A
Housing: https://www.montgomerycountymd.gov/covid19/get-help/housing-assistance.html			
Energy/Water Assistance Program	Provides bill assistance to low-income households in Maryland to make energy costs more affordable.	https://dhs.maryland.gov/office-of-home-energy-programs/	240-777-4450
Low Income Household Water Assistance Program	Provides Maryland households with financial relief toward water and/or wastewater bill.	https://dhs.maryland.gov/office-of-home-energy-programs/low-income-household-water-assistance-program/ Apply Online: https://mymdthink.maryland.gov/home/#/	1-800-332-6347
COVID-19 Rent Relief Program-Phase	Provides short term rental assistance to households who have experienced a financial loss due to the COVID- 19 pandemic that has caused them to fall behind on their rent.	https://montgomerycountymd.gov/HHS/RightNav/COVID19_RentReliefProgram.html Start new application: eligibility questionnaire https://moco.unqork.io/app/anonymouspreeligibilityflow?locale=en#/workflow/anonymouspreeligibilityflow/welcome	Call 311 (240-777-0311)
Rental Assistance Program (RAP)	Assists low-income individuals with rental costs for households who meet program eligibility criteria (age, income, disability, etc.)	https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=SNHS/SNHSRental-p743.html	240-777-4400
Housing Opportunities Commission (HOC) COVID- 19 Rental Assistance Program	Provides financial assistance in the form of a rent subsidy payment	https://www.hocmc.org/extra/878-covid-rental-assistance-program.html	240-627-9400

	for people who have lost income during COVID-19. Application submission for this program is now closed.		
Employment & Financial Assistance: https://www.montgomerycountymd.gov/covid19/get-help/financial-assistance.html			
Unemployment Insurance	Pays benefits to workers who have lost their job through no fault of their own.	http://www.dllr.state.md.us/employment/officenum.shtml	1-800-827-4839
WorkSource Montgomery	Provides a range of support services for job seekers including resume feedback, interview preparations, job listings, etc.	Current Job Opportunities: https://worksourcemontgomery.com/blogs/current-job-opportunities/ Career Support: https://worksourcemontgomery.com/career-support/what-we-offer/	240-406-5485 (Germantown) 301-929-6880 (Wheaton) 240-283-1500 (Young Adult Program)
Mental Health: https://montgomerycountymd.gov/covid19/get-help/mental-health-wellness.html			
24 Hour Crisis Center	Provides free crisis services 24 hours a day/ 365 days a year, which includes full crisis assessments and treatment referrals for all crises, both psychiatric and situational.	https://montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html	240-777-4000
EveryMind	Offers a host of mental health services including a free 24/7 hotline with phone, text, and chat specialists.	https://www.every-mind.org/7493-2/	301-738-2255
Mental Health/Substance Abuse Screening and Referral Program (also known as ACCESS to Behavioral Health)	Provides assessments and linkages for uninsured, low-income persons of all ages who are in need of services for major mental health and/or substance abuse problems	https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCSACCBhavhealthsvcs-p239.html	240-777-1770
Asian American Health Initiative (AAH) Mental Health Resource Guide	Provides mental health resources to support community member.	https://aahiinfo.org/wp-content/uploads/2021/04/Mental-Health-Resource_Social-Injustice.Bullying_V6.FINAL_.pdf	240-777-1770

Asian American Health Initiative (AAHI) Mental Health Provider Data Base.	Provides mental health provider data base. Available Chinese, Farsi, Korean & Vietnamese	https://aahiinfo.org/aahi-resources/#mental-health-resources	240-777-1770
Asian American Health Initiative (AAHI) COVID-19 & Mental Health Video Series	Library of short videos to help viewers maintain their mental health during the COVID-19 crisis. Videos are available in English, Chinese, Hindi, Korean, and Vietnamese.	https://aahiinfo.org/aahi-resources/	240-777-4517
Senior & Caregiver: https://www.montgomerycountymd.gov/covid19/get-help/seniors.html			
Aging and Disability Resource Unit (ADRU)	Provides personalized hands-on assistance, referrals to services and specific information to seniors, people with disabilities and caregivers over the phone and in person.	https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=ADS/ADSA/DSResourceUnit-p179.html	240-777-3000
Caregiver Support Program	Provides numerous factsheets, brochures, videos, and guides related to resources for family caregivers.	https://www.montgomerycountymd.gov/senior/caregiver.html	N/A
Multilingual COVID-19 Help Lines			
Patient Navigator Program (PNP)	Provides general health information and navigates callers through the extensive network of local resources and services available to County residents.	https://aahiinfo.org/patient-navigator-program/	Main Telephone: (301) 760-7050 Toll Free: (866) 403-1566 Press #1 for Chinese Press #2 for Korean Press #3 for Hindi Press #4 for Vietnamese
Chinese Culture and Community Service Center (CCACC)	COVID-19 Informational hotline for Chinese-language speakers. (9 am - 6 pm)	https://www.ccacc-dc.org/	301-798-6001
Korean Community Service Center of Greater Washington (KCSC)	COVID-19 informational hotline for Korean language speakers. (8 am - 4 pm)	http://www.kcscgw.org/	240-683-6663
Vietnamese American Services	COVID-19 informational hotline for Vietnamese language speakers. (9 am - 5 pm)	https://vasusa.org/	301-646-5852

Contact the AAHI with any questions:

Telephone: 240-777-4517

Email: info@AAHIinfo.org

Website: www.AAHIinfo.org

AAHI will update this guide on a regular basis on our website, you can also access on our website:

<https://aahiinfo.org/aahi-resources/>

If you would like to be on the email distribution list to receive notifications of these updates, please email Sophia Yoon at

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