Asian American Health Initiative

Together To Build A Healthy Community

# Need Assistance With SNAP?

## What is SNAP?

**The Supplemental Nutrition Assistance Program (SNAP), formerly known as food stamps, provides monthly funds to families and individuals from low-income households to purchase groceries.**

### Do I qualify for SNAP?

- Meet certain income and household requirements AND be
- A U.S citizen OR
- A lawful permanent resident for 5 years OR
- A lawful permanent resident for any period of time with a disability OR
- A refugee or asylum seeker with refugee or asylee status OR
- A U.S. citizen child under 18, regardless of their parent's citizenship status OR
- A student who is considered "half-time" by their educational institutions qualify for SNAP

### What can I buy with SNAP?

- Shop fresh produce and groceries
- Shop for groceries online at places like Amazon, Walmart & ShopRite
- Purchase prepared or hot food from participating restaurant and delis if you are elderly, homeless and disabled SNAP recipients

**If you would like to apply for SNAP and need help with your application, please contact Sophia Yoon of the Asian American Health Initiative (AAHI)**

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