Need Assistance With SNAP?

What is SNAP?
The Supplemental Nutrition Assistance Program (SNAP), formerly known as food stamps, provides monthly funds to families and individuals from low-income households to purchase groceries.

Do I qualify for SNAP?
- Meet certain income and household requirements AND be
  - A U.S citizen OR
  - A lawful permanent resident for 5 years OR
  - A lawful permanent resident for any period of time with a disability OR
  - A refugee or asylum seeker with refugee or asylee status OR
  - A U.S. citizen child under 18, regardless of their parent’s citizenship status OR
  - A student who is considered “half-time” by their educational institutions qualify for SNAP

What can I buy with SNAP?
- Shop fresh produce and groceries
- Shop for groceries online at places like Amazon, Walmart & ShopRite
- Purchase prepared or hot food from participating restaurant and delis if you are elderly, homeless and disabled SNAP recipients

If you would like to apply for SNAP and need help with your application, please contact Sophia Yoon of the Asian American Health Initiative (AAHI)
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