Asian American Health Initiative
Together To Build A Healthy Community

MENTAL HEALTH PROVIDER DATABASE
GRIEF SPECIALIZATION
Last Update: July 2025

Asian American Health Initiative
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AAHI DISCLAIMER: The mental health provider/organiztion contact information provided by the Asian American Health Initiative (AAHI) is a product of AAHI's internal research. It is the result of extensive web searches and is therefore subject to change. AAHI does not guarantee the currency, accuracy, relevance, or completeness of the provided information. Receiving information from AAHI does not imply or equate to any personal cconnection to or endorsement of any therapist by AAHI. AAHI's intention and objective is to connect Asian Americans in Montgomery County with culturally competent health care, including mental health care, in order to eliminate health disparities that affect Asian Americans.

	PROVIDER NAME		PROVIDER INFORMATION		PRACTICE INFORMATION					FINANCES			LANGUAGE	DEMOGRAPHIC SERVED			
Televisits	Last Name	First Name	Credentials	M/F/Other	Address	Practice Name	Phone	Email	Website	Insurance	Payment Methods	Fee/Session	Language	Child	Adolescent	Adult	Elderly
x	Leong	Yung-Mei	PhD	F	Telehealth Only	YM Leong, LLC	240.789.4641	Via Psychology Today	https://www.psychologytoday.com/us/therapists/yung-mei-leong-university-park-md/1230166	Out of Network	ACH Bank Transfer Credit Card Zelle	Sliding Scale	Mandarin			x	x
x	Lee	Soonhee	PhD, ABPP	F	Telehealth Only	Lee Counseling & Consulting LLC	410.642.57595	info@leecounseling.org	https://www.leecounseling.org/lee-counseling-consulting	Out of Network	Credit Card	Sliding Scale Individual: $200 Couples: $250	Korean		x	x	x
x	Yook	Julie	MA, LCPAT	F	Telehealth Only		240.778.3544	Via Psychology Today	https://www.psychologytoday.com/us/therapists/julie-yook-rockville-md/486595	BlueCross BlueShield CareFirst Medicaid	Paypal Venmo Zelle	Individual: $165	Korean			x	x
x	Abhilash	Reji	PhD	F	6209 Executive Blvd Rockville, MD 20852	HealWellMind	301.900.6396	contact@healwellmind.com	https://www.healwellmind.com/meet-our-psychologist-1	Anthem Blue Cross | Blue Shield Medicare Cigna CareFirst	ACH Bank Transfer Credit Card HSA Zelle	Sliding Scale Individual: $300 Couple: $300	Malayalam		x	x	x
x	Natterer	Ning-Qi Ann	MA, LCPC	F	Telehealth Only	Therapy with Ann	240.734.2790	hello@therapywithann.com nattererertherapy@gmail.com	https://therapywithann.com/	Aetna United Healthcare Optum (Medicaid) Out of Network	ACH Bank Transfer Credit Card Paypal Zelle	Individual: $200 Couples: $200	Mandarin, Shanghainese		x	x	x
x	Singh	Sapna	LGSW	F	Telehealth Only	Counseling Center Group	240.376.3229	info@ccgrouptherapy.com	https://www.psychologytoday.com/us/therapists/sapna-singh-bethesda-md/1171817	Out of Network	Credit Card	Sliding Scale Individual: $240 Couples: $265	Hindi		x	x	x
x	Aktar	Zahanara	LMSW	F	Telehealth Only			Via Psychology Today	https://www.psychologytoday.com/us/therapists/zahanara-aktar-baltimore-md/1087006	Blue Cross Blue Shield Carefirst Cigna & Evernorth	Credit Card		Hindi, Bangla, Urdu		x	x	x
x	Kim	Anne	LCSW-C	F	Telehealth Only	PsychCare Psychological Services, LLC	301.284.3491	Via PsychCare Website	https://www.psychcaremd.com/clinicians/annekim/	Aetna BlueCross BlueShield Cigna Tricare Medicare	Cash Check Credit Card	Sliding Scale Individual: $175 Couples: $195	Korean	x	x	x	x
x	Cho	Cynthia	LCMFT, RPT	F	3290 Pine Orchard Lane, Ste A5 Ellicott City, MD 21042	New Leaf Counseling LLC	443.214.3577	ccho@newleafmd.net	https://www.newleafmd.com/	Cigna Aetna CareFirst BlueShied Medicaid Out of Network	Cash Credit Card HSA & FSA	Individual (45min): $120 Individual (60min): $150 Couples/Family: $150 Intake Assessment: $175	Korean	x	x	x	